

# It Solo Solo

拍数: 32                      墙数: 4                      级数: Easy Intermediate  
编舞者: Francien Sittrop (NL) - June 2018  
音乐: Solo (feat. Demi Lovato) - Clean Bandit



**Intro: Start after 16 counts from the beginning**

**[1 – 8] Rock, Recover, Kick Ball Step, Cross , Back, Shuffle back**

1 – 2                      Rock R to Right side, Recover on L  
3 & 4                      Kick R fwd Step R down. Step L in place  
5 – 6                      Step R across L. Step L back  
7 & 8                      Step R back, Step L next to R , Step R back

**[9-16] Jump back, Cross, Shuffle fwd, Rock, Recover, ¾ Turn L**

&1-2                      Jump on both feet back L,R (&1), Step L across R (Daigonally R 01,30)  
3 & 4                      Step R fwd, Step L next to R, Step R fwd ( Diagonally R 01.30)  
5 – 6                      Rock L fwd. Recover on R  
7 – 8                      ½ Turn L step L fwd (7.30) , ¼ Turn L step R to R side (4.30 )

**[17-24] Sailorstep, Sailorstep 1/8 R, Vaudeville R L**

1 & 2                      Sweep L behind R, Step R next to Lm Step L to L side  
3 & 4                      Sweep R behind L with 1/8 Turn R (06.00), Step L next to R, Step R to R side  
5&6&                      Step L across R, Step R to R side, touch L heel fwd, Step L next to R  
7&8&                      Step R across L, Step L to L side, Touch R heel fwd, Step R next to L

**[25-32] Step fwd, ¼ R, Crossing shuffle, ½ Turn L, Knee Pops**

1 – 2                      Step L fwd, ¼ Turn R (09.00)  
3 & 4                      Step L across R, Step R to R side, Step L across R  
5 – 6                      ¼ Turn L step R back, ¼ Turn L step L to L side 903.00)  
7 – 8                      Step fwd with R and pop knee. Step fwd, with L and pop knee

**Tag: after wall 2 – 5 – 7**

[1 – 8] Hip Bumps, Mambo steps , Hip Bumps, Coasterstep  
1 & 2                      Touch R fwd and bump Hips R, L , R  
3 & 4                      Rock L fwd, Recover on R, Step L back  
5 & 6                      Touch R back and Bump hips R, L, R  
7 & 8                      Step L back, Step R next to L, Step L fwd

**[9-16] Toe touches, Kick ball step, Jazz Box ½ Turn R**

1 & 2                      Touch R to R side, Touch R next to L, Touch R to R side  
3 & 4                      Kick R fwd, Step R down, Step L fwd  
5 – 8                      Step R across L, ¼ Turn R step L back, ¼ Turn R step R fwd, Step L fwd

**[17-32] Repeat the 16 counts from above and start again with count 1 ( will be the next wall**

Website: [www.franciensittrop.nl](http://www.franciensittrop.nl)  
Last Update - 13th June 2018