

Whiplash (P)

拍数: 88 墙数: 1 级数: Intermediate Partner
编舞者: Maria Cristina Bigini (IT) - May 2018
音乐: Holy Cowgirl (Dance Remix) - J Michael Harter



All couples start on lyrics after 32 counts facing LOD in Sweetheart Right Side By Side Position

[1- 8] *Walking on right diagonal forward: Step – Lock – Shuffle – Rock – Slide – Stomp

MAN

1- 2 R Step fwd – Lock L back R
3&4 R Step fwd – close L back to R Heel
5- 6 L Rock Step fwd – recover on R-
7- 8 L Slide diagonal back – R Stomp together

[1-8] WOMAN

1- 2 R Step fwd – Lock L back R
3&4 R Step fwd – close L back to R Heel
5- 6 L Rock Step fwd – recover on R-
7-8 L Slide diagonal back – R Stomp together

[9-16] *Walking on left diagonal forward: Step – Lock – Shuffle – Rock – Slide – Stomp

MAN

1- 2 L Step fwd - Lock R back L
3&4 L Step fwd – Close R back to L Heel -
5- 6 R Rock Step fwd – recover on L -
7- 8 R Slide diagonal back – L Stomp together

[9-16] WOMAN

1- 2 L Step fwd – Lock R back L
3&4 L Step fwd – Close R back to L Heel
5- 6 R Rock Step fwd – recover on L –
7- 8 R Slide diagonal back – L Stomp together

[17-24] *Facing again L.O.D. R vine – L Vine

MAN

1- 2 R Step to R – Cross L behind R
3- 4 R Step to R – L Scuff
5- 6 L Step to L – Cross R behind L
7- 8 L Steo to L – R Scuff

[17-24] WOMAN

1- 2 R Step to R – Cross L behind R
3- 4 R Step to R – L Scuff
5- 6 L Step to L – Cross R behind L
7- 8 L Step to L – R Scuff

*Restart here only at 2nd Wall

[25-32] Diagonal Steps - Stamps

MAN

1- 2 R Step diagonal fwd – L Stomp Up together
3- 4 L Step diagonal fwd – R Stomp Up together
5- 6 R Step diagonal back – L Stomp Up together

7- 8 L Step diagonal fwd – R Stomp Up together

[25-32] WOMAN

1- 2 R Step diagonal fwd – L Stomp Up together
3- 4 L Step diagonal fwd – R Stomp Up together
5- 6 R Step diagonal back – L Stomp Up together
7- 8 L Step diagonal fwd – R Stomp Up together

**[33-40] M: R Vine–Touch–L vine–Stamp W: R Vine–Touch–Turning Wave–Stamp
MAN**

1- 2 R Step to R – Cross L behind R
3- 4 R Step to R – L Touch together
***Here change into Open Two Hands Position**
5- 6 L Step to L – Cross R behind
7- 8 L Step to L – R Stomp Up together

[33-40] WOMAN

1- 2 R Step to R – Cross L behind R
3- 4 R Step to R – L Touch together
***Here change into Open Two Hands Position**
5- 6 turn 1/2 to L Cross L over R – R step to R
7- 8 Cross L behind R – R Stomp Up together

[41-48] Touch Hip Bumps – Stomps

MAN

1- 2 R Touch diagonal fwd and R Hip Bump with partner – close R together
3- 4 L Touch diagonal fwd and L Hip Bump with partner – close L together
5- 6 Repeat counts 41 – 42
7- 8 R Stomp – L Stomp apart

[41-48] WOMAN

1- 2 R Touch diagonal fwd and R Hip Bump with partner – close R together
3- 4 L Touch diagonal fwd and L Hip Bump with partner – close L together
5- 6 R Touch diagonal fwd and R Hip Bump with partner – Turn 1/2 to R weight on R
7- 8 L Stomp – R Stomp Up apart

***now couples are in Indian position but without hands**

[1- 4] TAG Only here at 1st wall - Quick Steps

***MAN and WOMAN do the same steps**

1& R Step to R – L Step to L
2& R Step to R – L Step to L
3& R Step to R – L Step to L
4& R Step to R – L Step to L

[49-56] M:Heel Jacks – Monterey W:Heel Jacks – modified Monterey

MAN

&1-&2 R Step diagonal back turning 1/4 to L - L Heel diagonal fwd facing I.L.O.D. and open hands lateral R to R, L to L-L Step at Home turning 1/4 to R – Close R together with weight on R and Close hands
&3-&4 Repeat Counts &49&50 of Woman
5- 6 Point R to R Side - turning 1/4 to R on L Ball close L near R weight on R
7- 8 Point L to L side - Close L near R weight on L

[49-56] WOMAN

- &1-&2 L Step diagonal back turning $\frac{1}{4}$ to R - R Heel diagonal fwd facing O.L.O.D.and open hands lateral R to R, L to L - R Step at Home turning $\frac{1}{4}$ to L -Close L together with weight on L and Close hands
- &3-&4 Repeat Counts &49&50 of Man
- 5- 6 Point R to R side - turning $\frac{3}{4}$ to R on L Ball make L Step to L and close R near L weight on R
- 7- 8 Point L to L side - Close L near R weight on L

***now couples are in Challenge Position facing Men OLOD and Women ILOD but with partner on left diagonal, new partner on right diagonal and no one fwd**

[57-64] M: Shuffle-Crossing Chassé-Shuffle-Chassé

[57-64] W: Shuffle-Crossing Chassé-Shuffle-Step-Touch

MAN

- 1&2 R Step fwd- close L Step near R Heel - R Step fwd
- 3&4 Cross L over R- recover weight on R- Cross L over R
- 5&6 R Step back- close L Heel near R Toe - R Step back
- 7&8 L Step to L- close R near L- L Step to L

***man takes hands of woman in Open Two Hands Position again**

[57-64] WOMAN

- 1&2 R Step fwd- close L Step near R Heel - R Step fwd
- 3&4 Cross L over R- recover weight on R- Cross L over R
- 5&6 R Step back – close L Heel near R Toe - R Step back
- 7-8 L Step to L-close R near L weight on R

***man takes hands of woman in Open Two Hands Position again**

[65-72] Steps – Touches Rolling Vines

***with L hand man aids Woman to roll finishing in Sweetheart Right Wrap position**

MAN

- 1- 2 R Step to R- close L together with weight
- 3- 4 R Step back turning $\frac{1}{4}$ to L- L Step together weight on L
- *man leaves R woman's hand and holding with his R hand only her L hand, makes she roll to R**
- 5- 6 R Step to R- L Touch together
- 7- 8 L Step to L- R Touch together

[65-72] WOMAN

- 1- 2 L Step fwd turning $\frac{1}{4}$ to L- R Step back turning $\frac{1}{2}$ to L
- 3- 4 L Step close to R – R touch close to L
- *man leaves R woman's hand and holding with his R hand only her L hand, makes she roll to R**
- 5- 6 R Step fwd turning $\frac{1}{4}$ to R- L Step back turning $\frac{1}{2}$ to R
- 7- 8 R Step fwd turning $\frac{1}{4}$ to R- L Touch together

***At this moment the couples are in Right Open Promenade position facing L.O.D.**

[73-80] M: Steps – Touches W: Rolling Vines

MAN

- 1- 2 R Step to R – L Touch together
- 3- 4 Step R to R turning $\frac{1}{4}$ to L- L Touch together
- *all couples are again in Sweetheart Right Wrap position facing I.L.O.D.**
- 5- 6 Repeat counts 69-70
- 7- 8 Repeat counts 71-72

[73-80]WOMAN

- 1- 2 L Step fwd turning $\frac{1}{4}$ to L-R Step back turning $\frac{1}{2}$ to L
- 3- 4 L Step fwd turning $\frac{1}{2}$ to L – R Touch together
- *all couples are again in Sweetheart Right Wrap position facing I.L.O.D.**
- 5- 6 Repeat counts 69-70
- 7- 8 Repeat counts 71-72

***couples are all in Right Open Promenade position and everyone leaves the hands**

[81-88] M: Jazz box – Scoots – Stomps W: Jazz Box – Jumping Taps – Stomps

MAN

1- 2 Cross R Step over L- L Step back 3- 4 Turning $\frac{1}{4}$ to R close R near L- L Step fwd 5- 6 Man using the woman's push makes 2 R Scoots on L diagonal fwd
7- 8 R Stomp- L Stomp

[81-88]WOMAN

1- 2 Cross R Step over L- L Step back
3- 4 Turning $\frac{1}{4}$ to R close R near L-L Step fwd pushing with hands on man's Shoulders fwd

***Here couples are in Reverse Indian Position**

5- 6 Woman using the push makes 2 R Toe Touches jumping on R diagonal back
7- 8 R Stomp- L Stomp

***Take new Partner close to you, start again in Sweetheart Side by Side Right position & enjoy!**

NOTE: If you need the images of Couples Positions contact the Coreographer!!!

Contact: mariacristinabig@gmail.com
