

Familiar EZ

拍数: 40 墙数: 0 级数: Phrased Beginner / Improver
编舞者: Maryloo (FR) - June 2018
音乐: Familiar - Liam Payne & J Balvin



Intro : 8 counts - Sequences : AA BB CC AA BB CCC AA BB CCCC

PARTY A : 16 counts

A1 : R FWD MAMBO, L BACK MAMBO, R SIDE MAMBO, L SIDE MAMBO

1&2 Rock R forward, recover on L, step R next to L
3&4 Rock L backward, recover on R, step L next to R
5&6 Rock R to side, recover on L, step R next to L
7&8 Rock L to side, recover on R, step L next to R

A2 : SIDE , TOGETHER, R SHUFFLE, SIDE , TOGETHER, L SHUFFLE ¼ TURN L

1-2 Step R to side, step L next to R
3&4 Step R to side, step L next to R, step R to side
5-6 Step L to side, step R next to L
7&8 Step L to side, step R next to L, ¼ turn to L stepping L forward

PARTY B : 8 counts

B1 : PADDLE FULL TURN L (1/4 TURN 4 X), JAZZ BOX

1&2&3&4& Step R forward, make 1/4 turn L stepping L in place (repeat 4 X)

Optional arm movements : make small circles with the right arm over your head and move your hips!

5-8 Cross R over L , step L back , step R to side, step L forward

PARTY C : 16 counts

C1 : SYNCOPATED SIDE TOGETHER (3 X), STEP R TO SIDE, SYNCOPATED SIDE TOGETHER L (3 X), STEP L TO SIDE

1&2&3&4 Step R to side, step L next to R (repeat 3X), step R to side
5&6&7&8 Step L to side, step R next to L (repeat 3 X), step L to side

Optional arm movements: You can push both hands on the right side

C2 : SHUFFLE BOX FULL TURN TO LEFT

& Turn ¼ L
1&2 Step R to side, step L together, step R to side
& Turn ¼ L
3&4 Step L to side, step R together, step L to side
& Turn ¼ L
5&6 Step R to side, step L together, step R to side
& Turn ¼ L
7&8 Step L to side, step R together, step L to side

Optional arm movements: Stretch arms over your head, to the right on right side shuffles, to the left on left side shuffles!

Have Fun !

Contact Choreographer: Maryloo : maryloo.win68@gmail.com - WEBSITE : www.line-for-fun.com

Last Update - 11th June 2018