

Please Release Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Kitty Russell (USA) - June 2018
音乐: Release Me - Count Basie & The Mills Brothers



Right lead

STEP FORWARD, POINT X 4

1-2 Step forward on right, point left to left side
3-4 Step forward on left, point right to right side
5-6 Step forward on right, point left to left side
7-8 Step forward on left, point right to right side

BACK, BACK, SHUFFLE BACK X 2

1-2 Step back on right, step back on left
3&4 Shuffle back right, left, right
5-6 Step back on left, step back on right
7&8 Shuffle back left, right, left

MONTEREY TURNS RIGHT

1-2 Point right to right side, step forward on right making $\frac{1}{4}$ right turn
3-4 Point left to left side, step left next to right
5-6 Point right to right side, step forward on right making $\frac{1}{4}$ right turn
7-8 Point left to left side, step left next to right

RIGHT VINE, SHUFFLE, LEFT VINE, SHUFFLE

1-2, 3&4 Step right to right side, step left behind right, shuffle right, left, right
5-6, 7&8 Step left to left side, step right behind left, shuffle left, right, left

Begin again
