

Not Drinking Alone

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Phrased Low Intermediate
编舞者: Giorgio Portesan - May 2018
音乐: Movin' On - Muscadine Bloodline : (Album: Movin' On - iTunes)



Start Dance: after 16 count (weight on left)

Sequence: A B A B A A A B TAG1 A A A A(1) TAG2 A A A(2)

(1) only first 8 count

(2) first 16 count with substitution of step 15-16

PART A (32 count)

SEC 1 - CROSS ROCK FWD, CHASSE' (R), CROSS ROCK BWD, CHASSE' (L)

1 – 2 Rock right over left, recover on left
3&4 Triple step right – left -right to right side
5 – 6 Rock left behind right, recover on right
7&8 Triple step left – right – left to left side

SEC 2 - CROSS ROCK BWD, KICK BALL CHANGE, PIVOT ½ x 2

1 – 2 Rock right behind left, recover on left
3&4 Kick right fwd, right ball next to left, left in place
5 – 6 Step fwd right, pivot ½ turn left (weight on L)
7 – 8 Step fwd right, pivot ½ turn left (weight on L) (12:00)

(at the end of music: 7 – 8 Step fwd right, Step fwd left)

SEC 3 - ROCKIN' CHAIR, JAZZ BOX ¼ TURN

1 – 2 Rock step right fwd, recover on left
3 – 4 Rock back on right, recover on left
5 – 8 Cross R over L, step back on L, turn ¼ right stepping fwd R, step fwd L (3:00)

SEC 4 - ROCK FWD (R), ½ TURN SHUFFLE, ROCK FWD (L), ¼ TURN SHUFFLE

1 – 2 Rock step right fwd, recover on left
3&4 ½ turn over Right stepping on Right, step Left next to Right, step forward Right (9:00)
5 – 6 Rock step left fwd, recover on right
7&8 ¼ turn over Left stepping on Left, step Right next to Left, step Left to left (6:00)

PART B

SEC 1 - ROCK FWD (R), COASTER STEP, ROCK FWD (L), ½ TURN SHUFFLE

1 – 2 Rock right fwd, recover on left
3&4 Right step back, step Left next to Right, step forward Right
5 – 6 Rock left fwd, recover on right
7&8 ½ turn over Left stepping on Left, step Right next to Left, step forward Left (12:00)

SEC 2 - ROCK FWD (R), COASTER CROSS, ROCK SIDE (L), SAILOR STEP

1 – 2 Rock right fwd, recover on left
3&4 Right step back, step Left next to Right, cross right over left
5 – 6 Rock Left on left, recover on right
7&8 Left step behind right, Right step to Right, Left step to Left (weight to left)

TAG-1

1 – 4 Hold (weight to left)

TAG-2

1 – 2 Stomp right at right side, hold

3 – 4 Stomp left at left side, hold (weight to left)

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Last Update – 28th June 2018
