

# My Heart

**COPPER KNOB**  
STEPSHEETS

拍数: 34      墙数: 4      级数: Beginner  
编舞者: Bente Andersen (DK) - June 2018  
音乐: Hold a Candle - Jessie James Decker : (iTunes)



## #16 Count Intro

### RHUMBA BOX FORWARD, RHUMBA BOX BACK

1&2      Step R to the right, step L next to R, step R forward  
3&4      Step L to the left, step R next to L, step L back  
5&6      Step R to the right, step L next to R, step R back  
7&8      step L to the left, step R next to L, step L forward

### SIDE TOGETHER, STEP ¼ R, STEP ¼ CROSS, SCISSOR STEP R , SCISSOR STEP L

1&2      Step R to Right, step L next to R, step R ¼ to right.  
3&4      step L forward, turn ¼ to R, step L across R  
5&6      Step R to right side. Step L beside right. Step R across front of L.  
7&8      Step L to left side. Step R beside L. Step L across front of R.

### RHUMBA BOX FORWARD, RHUMBA BOX BAG

1&2      Step R to the right, step L next to R, step R forward  
3&4      Step L to the left, step R next to L, step L bag  
5&6      Step R to the right, step L next to R, step R bag  
7&8      step L to the left, step R next to L, step L forward

### MAMBO STEP FORWARD, COASTER STEP BAG, STEP ¼ CROSS, SIDE ROCK CROSS

1&2      Rock forward on right, recover onto left, step right back  
3&4      Step back on left, step right beside left, step forward on left  
5&6      Step R forward, turn ¼ to left, step R across L  
7&8      Rock L to left, recover to R, step L across R

### SWAY RIGHT, SWAY LEFT

1-2      Step R to right and sway hips R to right , sway hips L to left

Restart wall 5: dance 32 count, then Restart - kl. 3.

Contact: [gebe12@live.dk](mailto:gebe12@live.dk)