On The Beach

拍数: 32   **墙数:** 4   **级数:** Beginner

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音乐: On the Beach - Chris Rea

Starts on the vocals after 16 Counts from the beat (47 Seconds)

[1–8] Point Right Forward, Side and Coaster step, Point Left Forward, Side and Coaster step ¼ LEFT.

1-2	Point right forward, Point right to side,
3&4	Right Coaster Step.
5-6	Point left forward, point left to side,
7&8	Left coaster ¼ turn left

[9-16] CROSS ROCK SIDE SHUFFLE, CROSS ROCK SIDE SHUFFLE,

1-2	Cross Rock Right, recover left.
3&4	Side shuffle right, right together right
5-6	Cross Rock left, recover right
7&8	Side shuffle left, left together left

[17-24] FORWARD ROCK, BACK SHUFFLE, ROCK BACK FORWARD SHUFFLE,

1-2	Forward Rock Right, recover left.
3&4	Back shuffle right, right together right
5-6	Back Rock left, recover right
7&8	Forward Shuffle, Step left together left

[25-32] CROSS, SIDE BEHIND & HEEL & SIDE SHUFFLE, ROCK BACK

| 1,2, | Cross step R over L, step side L, |
| 3&4& | Cross step R behind L, step side L, Touch R heel angle fwd right, step back R |

(Styling Note: If you want, as you step back on right flick left up behind yourself)

| 5&6 | Side shuffle left, left together left |
| 7-8 | Back Rock right, recover left |

Enjoy and smile, and don't forget the sun tan lotion

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