

On The Loose (EZ)

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Amy Christian (USA) - May 2018
音乐: On the Loose - Niall Horan



Intro: 32 counts. Start on Lyrics.

ROCK FWD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FWD,

1-2 Rock fwd on R, Recover back on L.
3&4 Shuffle back R-L-R,
5-6 Rock back on L, Recover fwd on R,
7&8 Shuffle fwd L-R-L,

STEP, PIVOT ½, SHUFFLE FWD, STEP, PIVOTE ¼, TOGETHER, HOLD,

1-2 Step fwd on R, Pivot ½ turn left stepping fwd on L, [6:00]
3&4 Shuffle fwd R-L-R,
5-6 Step fwd on L, Pivot ¼ turn right, stepping R to right side, [9:00]
7-8 Step L next to R, Hold,

¼ MONTEREY, ¼ MONTEREY,

1-2 Touch R out to right side, With weight on L – (lift L heel off the floor) - twist ¼ right, stepping R next to L, [12:00]
3-4 Touch L out to left side, Step L next to R,
5-6 Touch R out to right side, With weight on L – (lift L heel off the floor) - twist ¼ right, stepping R next to L, [3:00]
7-8 Touch L out to left side, Step L next to R,

JAZZ BOX, KICKBALL CHANGE, KICKBALL CHANGE,

1-4 Cross R over L, Step L back, Step R to right side, Step L slightly fwd,
5&6 Kick R fwd, Step back on ball of R, Step L fwd (Kickball change),
7&8 Kick R fwd, Step back on ball of R, Step L fwd (Kickball change),

Start over!

Email: amyc@linefusiondance.com Website: www.linefusiondance.com