Highway Heroes



拍数: 64 墙数: 4 级数: Beginner

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音乐: Heroes of the Lost Highway - Doug Adkins



The dance begins after 16 counts

Diagonal steps forward with tap, diagonal steps back with tap

1-2	Step right forward to right diagonal, step left beside right
3-4	Step forward to right diagonal, touch left next beside right
5-6	Step left back to left diagonal, step right beside left
7-8	Step left back to left diagonal, touch right beside left

Vine R, scuff, vine L turning 1/4 I, scuff

1-2	Step right to side, step left behind right
3-4	Step right to side, scuff the left forward
5-6	Step left to side, step right behind left
7-8	Step left with 1/4 turn left, scuff right forward

Jazz Box with Toe Struts

1-2	Cross right over left with toe, flatten right heel
3-4	Step back on left with toe, flatten left heel
5-6	Step right to side with toe, flatten right heel
7-8	Step left beside right with toe, flatten left heel

Rocking Chair R, Weave R

1-2	Rock forward on right, recover weight to left
3-4	Rock back on right , recover weight to left
5-6	Step right to side, step left behind right,
7-8	Step right to side cross left over right

Restart in in the 4th and 7th wall after 32 counts

1/2 Monterey turn, kick back R+L

1-2	Point right to the right, ½ turn right with step right beside left
3-4	Point left to left, step left beside right
5-6	Kick right forward, step back right
7-8	Kick left forward, step back left

Swivels, clap R+L

1-2	Twist/swivel both heels right, twist/swivel both toes right
3-4	Twist/swivel both heels right, clap
5-6	Twist/swivel both heels left, twist/swivel both toes left
7-8	Twist/swivel both heels left . clap

Steps pivot ½ L, step, hold, ¼ turn r, ½ turn r, hold

1-2	Step forward on the right, turn ½ turn left on the balls of both feet
3-4	Step forward on the right, hold
5-6	Turn ¼ left and step back left, turn ½ right on ball of right
7-8	Step left beside right, hold

Scissors R+L

1-2 Step right to side, step left beside right

- 3-4 Cross right over left, hold.
- 5-6 Step left to side, step right beside left
- 7-8 Cross left over right, hold

Start again and have fun