

Wipeout Da Dudda Dudda Dudda Duh

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Wipe Out - The Surfaris : (iTunes)



HIP THRUSTS X 6 (R, hold, L, hold, RLRL)

- 1-4 Thrust hips right, hold, Thrust hips left, hold
- 5-8 Alternate hip thrusts, RLRL

PULP VISION WITH HEEL BOUNCES X 2 (R,L)

- 1-4 Move Right Hand from left to right in front of eyes (palm facing away from face, fingers 2&3 in a V-shape) while bouncing on Right heel
- 5-8 Move Left Hand from right to left in front of eyes (palm facing away from face, fingers 2&3 in a V-shape) while bouncing on Left heel

BACKSTROKE ARMS WITH HEEL BOUNCES X 2 (R,L)

- 1-4 Move Right arm from straight out in front to sweep behind and back to front while bouncing on Right heel (as in swimming backstroke)
- 5-8 Move Left arm from straight out in front to sweep behind and back to front while bouncing on Left heel

RF HEEL-FANS X 2, LF HEEL-FANS X 2

- 1-2 RF fan heels right, left
- 3-4 RF fan heels right, left
- 5-6 LF fan heels left, right
- 7-8 LF fan heels left, right

TRAVELLING SWIVELS RIGHT, LEFT

- 1-2 Swivel both heels to right, both toes to right
- 3-4 Swivel both heels to right, hold
- 5-6 Swivel both heels to left, both toes to left
- 7-8 Swivel both heels to left, hold

MODIFIED TOE-STRUT JAZZ BOX PIVOT 1/4 RIGHT, STOMP R,L

- 1-2 Cross right toes in front of left pivot 1/4 R, drop right heel down
- 3-4 Step back on left toes, drop left heel down
- 5-6 Stomp RF, hold
- 7-8 Stomp LF, hold

REPEAT - No Tags, No Restarts

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