

Over My Mind

拍数: 32 墙数: 4 级数: Beginner
编舞者: Marilù Teseo (IT) - May 2018
音乐: Over My Mind (Roberto Ghisoli Extended Remix) - Laura Polverini
或: Out of Sight - Midland



ROCK STEP, SHUFFLE STEP, ROCK STEP, SHUFFLE STEP

1-2 Cross left on right, recover on right
3&4 Left side step, right next left, left side step
5-6 Right back, recover on left
7&8 Right forward, left next right, right forward

STEP TURN 1/4, SHUFFLE CROSS, ROCK STEP, WAVE

1-2 Left step forward, turn $\frac{1}{4}$ to right (weight on right)
3&4 Cross left on right, right side step, left over right
5-6 Right side step, recover on left
7&8 Cross right behind left, left to the left, cross right over left

ROCK STEP, COASTER STEP, SHUFFLE STEP, STEP TURN $\frac{1}{2}$

1-2 Left to left, recover on right
3&4 Left back, right next to left, left forward
5&6 Right forward, left next to right, right forward
7-8 Left forward, turn $\frac{1}{2}$ to right (weight on right)

SHUFFLE STEP, STEP TURN $\frac{1}{2}$, VINE, HEEL STRUT

1&2 Left forward, right next to right, left forward
3-4 Right forward, turn $\frac{1}{2}$ to left (weight on left)
5-6 Right step to right, cross left behind right
7-8 Right heel to right, take weight on right ball.

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