Bailame

Intro

1-2 3-4

5-6

7-8

1-2 3-4

5-6

7-8

1-2 3-4

5-6

7-8

1-2

3-4

5-6

7-8

1 &

2 &

& 5

& 6

& 7

1 &

2 &

3 &

4 5 &

6



拍数: 32 墙数: 4 级数: High Improver 编舞者: Tom Inge Soenju (NOR) - May 2018 音乐: Báilame (Remix) - Nacho, Yandel & Bad Bunny Note: This dance has a simple 32 count intro dance so you don't have to wait for 48 counts Intro: 16 counts before intro dance and 48 before dance. Sequence: Repeating sequence. Bridge - in wall 4 after 16 counts, then continue dance, and no Restart, End: Section 4, count 7-8 you make a ¼ turn to your left (12:00) stepping LF to left side then RF to right side. Intro-Section 1: Mambo x2 Rock forward on LF (1) and recover weight onto RF (2) Step LF next to RF (3) and hold (4) Rock back on RF (5) and recover weight onto LF (6) Step RF next to LF (7) and hold (8) Intro-Section 2: Mambo x2 Rock LF to left side (1) and recover weight onto RF (2) Step LF next to RF (3) and hold (4) Rock RF to right side (5) and recover weight onto LF (6) Step RF next to LF (7) and transfer weight onto LF (8) Intro-Section 3: Mambo x2 Rock forward on RF (1) and recover weight onto LF (2) Step RF next to LF (3) and hold (4) Rock back on LF (5) and recover weight onto RF (6) Step LF next to RF (7) and hold (8) Intro-Section 4: Mambo x2 Rock RF to right side (1) and recover weight onto LF (2) Step RF next to LF (3) and hold (4) Rock LF to left side (5) and recover weight onto RF (6) Step LF next to RF (7) and hold (8) Dance Section 1: Point switches, Swivel heel out and in x2, Heel-Point switches, Hip bumps x2 Point RF to right side (1) and step RF next to LF (&) Point LF to left side (2) and step LF next to RF (&) 3 & 4 Point RF forward and swivel right heel left (3) then back and out (&) and back (4) Step RF in place (&) and point heel of LF forward (5) Step LF in place (&) and point RF to right side (6) Step RF next to LF (&) and point LF forward (knee bent) while bumping your hip outward (7) &8& Bump right hip back (&) then out (8) and back and step LF in place (&) Section 2: Heel Jack, ¼ Heel Jack L turn, Press & Push, Sweep, Behind-Side-Cross Cross RF over LF (1) and step LF to left side (&) Touch heel of RF diagonally forward right (2) and step down on RF (&) Cross LF over RF (3) and make a quarter turn to your left stepping back on RF (&) (09:00) Touch heel of LF forward

Press down on LF (5) and push your LF of the ground (&)

Sweep your LF from front to back

7 & 8 Step LF behind RF (7), step RF next to LF (&) and cross LF over RF (8) (Bridge here in wall 4)

Section 3: Side-together, Chassé-Scuff, Diag Chassé-Scuff, Rock-Recover x2

Step RF to right side 2 Step LF next to RF 3 & Step RF to right side (3) and step LF next to RF (&) Step RF to right side (4) and scuff LF next to RF (&) 4 & 5 & Turn 1/8 to your right (01:30) and step LF to left side (5), step RF next to LF (&) Step LF to left side (6), scuff RF next to LF (&) 6 & Over the next 4 counts you are going to slowly straighten yourself to 09:00 by Rock RF over 7 & LF (7) and recover weight onto LF (&) 8 & Rock RF to right side (8) and recover weight onto LF (&) (09:00)

Section 4: Rock-recover x2, Behind-side rock-recover x2, Chassé ½ R turn, F Shuffle

1	Step RF behind LF
2 &	Rock LF to left side (2) and recover weight onto RF (&)
3	Step LF behind RF
4 &	Rock RF to right side (4) and recover weight onto LF (&)
5 &	Quarter turn to your right (12:00) stepping back on RF (5) and step LF next to RF (&)
6	Quarter turn to your left (03:00) stepping forward on RF
7 &	Step LF forward (7) and step LF next to RF (&)
8	Step LF forward

Bridge - Rock-Recover x2

1 & Rock RF forward (1) and recover weight onto LF (&)
2 & Rock RF back (2) and recover weight onto LF (&)

(Continue with section 3 in dance)

Repeat dance sections again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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