

Mind Made Up

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sue Ann Ehmann (USA) - May 2018
音乐: I've Got My Mind Made Up - Rick Strickland : (CD: New Beginning)



Music available on iTunes and amazon

Intro: 32 counts

[1-8] WALK, WALK, BUMP & STEP, WALK, WALK, BUMP & STEP

1-2 Walk forward right, left
3&4 Touch right forward bumping hip right, then left, step right forward
5-6 Walk forward left, right
7&8 Touch left forward bumping hip left, then right, step left forward

[9-16] TOUCH RIGHT FORWARD, STEP BACK, TOUCH LEFT FORWARD, STEP IN PLACE (Repeat)

1-2 Touch right forward, step right back,
3-4 Touch left forward (leaning back slightly) step left down (in place)
5-6 Touch right forward, step right back,
7-8 Touch left forward (leaning back slightly) step left down (in place)

[17-24] STEP, 1/4 LEFT, CROSS-BALL-CROSS, SIDE ROCK-RECOVER, 1/4 LEFT COASTER

1-2 Step right forward, turn 1/4 left (weight on left) 9:00
3&4 Step right across left, step left to side, step right across left
5-6 Rock left to side, recover right
7&8 Turning 1/4 left step left back, step right beside left, step left forward 6:00

[25-32] "V" STEP, HIP BUMPS 2X (RIGHT, LEFT, RIGHT), (LEFT, RIGHT, LEFT)

1-2 Step right diagonally forward, step left diagonally forward
3-4 Step right back in to home position, step left beside right
5&6 Stepping right to side bump hips right, left, right
7&8 Bump hips left, right, left

BEGIN AGAIN!

No Tags Or Restarts!

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