

Slip 'N Slide

COPPER KNOB
BY STEPHEN B. B. B.

拍数: 36 墙数: 4 级数: Improver
编舞者: Unknown - May 2018
音乐: Beat It - Michael Jackson : (Album: Thriller)



Note: In this dance, the 3rd beat of each scissor “changing weight” step is a push into the floor, with knees bent slightly. This push gives the dance a stylistic flavor, as does making the ¼ R turn at the end of the dance as sharp as possible.

[1-8] R Scissor Step, L Scissor Step

1,2,3,4 Step R to R (1), Step L beside R (2), Cross R over L, changing weight to R foot (3), Hold (4)
5,6,7,8 Step L to L (5), Step R beside L (6), Cross L over R, changing weight to L foot (7), Hold (8)

[9-16] Vine R, Kick, L Scissor Step

1,2,3,4 Step R to R (1), Step L behind R (2), Step R to R (3), Kick L across R (4)
5,6,7,8 Step L to L (5), Step R beside L (6), Cross L over R, changing weight to L foot (7), Hold (8)

[17-24] R Scissor Step, Step, Drag, Step, Drag

1,2,3,4 Step R to R (1), Step L beside R (2), Cross R over L, changing weight to R foot (3), Hold (4)
5,6,7,8 Turning ¼ L, Step L fwd (5), Drag R to L heel (6), Step L fwd (7), Drag R to L heel (8)

[25-32] Turn L Scissor Step w Turn, R Scissor Step

1,2,3,4 Turning ¼ R, while stepping L to L side (1), Step R beside L (2), Cross L over R, changing wt to L foot (3), Hold (4)
5,6,7,8 Step R to R (5), Step L beside R (6), Cross R over L, changing weight to R foot (7), Hold (8)

[33-36] L Scissor Step w Turn

1,2,3,4 Step L to L (1), Step R beside L while sharply turning ¼ R on R foot (2), Cross L over R changing weight to L foot (3), Hold (4)

With a Smile, Restart

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