Youngblood



编舞者: Carlton Thompson (USA) - May 2018 音乐: Youngblood - 5 Seconds of Summer



Dance Starts at: 0:32

Sequence: A | B | B | C | C | C | C | B | B | A | A | B | B | A | B

Part A Section A1:

1&2& Cross R ft. over L ft., Drag L ft. to left side, Cross R. ft. over L ft., Drag L ft. to left side.
3&4& Cross R. ft. over L ft., Drag L ft. to left side, Cross R ft. over L ft., Drag L ft. to left side.
5&6& Cross R ft. behind L ft., Step L ft. to left side, Cross R ft. over L ft., Drag L ft. behind R ft.

7-8 Step L ft. to left side, Cross-Point R ft. behind L ft.

Section A2:

&1&2 Step R ft. to right side, Step L ft. to left side, Step R ft. towards center, Step L ft. forward

center.

Step R ft. back, Tap L heel forward, Bring L ft. next to R ft., Toe-Touch R ft. next to L ft. Step R ft. back, Tap L heel forward, Bring L ft. next to R ft., Toe-Touch R ft. next to L ft.

7-8 Step R ft. to right side, Step L ft. to left side.

Part B Section B1:

1-2 Step R ft. forward, Step L ft. forward.

&3-4 Step R ft. to the right side, Make 1/8 turn left and step L ft. forward (11:00), Step R ft. forward.

&5-6 Make ¼ right by stepping L ft. left back (1:00), Step R ft. forward, Step L ft. forward.

7-8 Make 1/8 turn right by stepping forward on R ft. (3:00), Pivot ½ turn right leading with L ft.

stepping back. (9:00)

Section B2:

1-2 Step R ft. forward, Step L ft. forward.

3-4 Pivot 1 full turn left leading with R ft. Step L ft. forward.

5-6 Step R ft. forward, Step L ft. forward

7-8 Pivot ½ turn left leading with R ft. (3:00), Pivot ½ turn left leading with L ft. (9:00)

Section B3:

1-2 Make ¼ turn left leading with R ft. (6:00), Cross L ft. behind R ft.

&3-4 Step R ft. to right side, Step L ft. to left side and drag R ft. behind L ft., Cross-Step R ft.

behind L ft.

&5-6 Make ¼ turn left leading with L ft. to left side. (3:00), Make 1/4 turn left leading with R ft. to

right side while dragging L ft. behind, Cross-Step L ft. behind R ft.

7-8 Pivot ½ turn right leading with R ft. (9:00), Step L ft. back.

Section B4:

Make ¼ turn right leading with R ft. (12:00)
 Roll Left knee three times counter clockwise.

7-8 Sway to the right, sway and place weight to L ft. on left side.

Part C: Section C1:

1-2 Cross R ft. over L ft., Point L ft. to left side.

3-4	Cross L ft. over R ft., Point R ft. to right side.
5-6	Cross R ft. over L ft., Point L ft. to left side.
7-8	Cross L ft. over R ft., Point R ft. to right side.

Section C2:

1-2	Cross R ft. over L ft., Make ¼ turn right by pointing L toe back (3:00)
3-4	Step L ft. back, Make ½ turn right by leading with R ft. into a point (9:00)
5-6	Make ¼ turn right by stepping on R ft. (12:00), Point L toe to left side.
7-8	Make ¼ turn right by stepping L ft. back (3:00), Point R toe to right side.

When you repeat Part C, it will take you back to 12:00

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