

Mother

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Luke Watson (AUS) - April 2018
音乐: Mother - Sugarland : (Spotify)



Moving in anti-clockwise direction.

Start on Lyrics after 16 counts, 11 seconds into track, weight on Left foot

[1-8] Walk, Walk, Anchor Step, Step ½ Turn, Walk, Lock Shuffle

1,2,3&4 Walk Fwd R, L, Lock R behind L, Step L in Place (&) Step Back On R
5,6,7&8 Making ½ Turn L Step Fwd on L (6.00), Step Fwd onto R, Step Fwd onto L making 1/8 turn L to (4.30), Lock R behind L (&), Step Fwd On L (finish facing 4.30)

[9-16] Walking Arc, Shuffle, Rock, Recover, Step Behind, Side, Cross

1,2,3&4 Step Fwd on R making 1/8 Turn L (3.00), Step Fwd on L making 1/8 Turn L (1.30) Making further 3/8 turn L Shuffle Fwd Stepping Fwd R, L, R. (these counts should be done in an arc motion walking in a circle finishing on 9.00)
5,6,7&8 Rock L to L, Recover Weight onto R, Cross L Behind R, Step R to R (&), Cross L in Front of R

[17-24] Step Side, ¼ Turn Rock, Recover, Step ½ Turn, ½ Shuffle, Rock, Recover

1,2,3,4 Step R to R, Making ¼ Turn L Step/Rock back onto L (6.00), Recover weight Fwd onto R, Making ½ Turn R Step Back onto L (12.00)
5&6,7,8 Making ½ Turn R Shuffle Fwd R,L,R (6.00), Step/Rock Fwd onto L, Recover back onto R

[25-32] Step, Rock Recover, Step, Step Fwd ½ Touch, Dorothy Step, Step Side, ½ Turn

&1,2 Step L beside the R (&), Step/Rock Back onto R, Recover Weight Fwd onto L
&3,4 Step R beside the L (&) Step Fwd onto L , Make ½ Turn R on L foot, Touch R beside L (12.00)
5,6& Step Fwd on R, Step L behind R, Step Fwd on R (&) (Dorothy Step)
7,8 Step L to L, Making ½ Turn R step R to R (6.00)

[33-40] Cross Rock, Recover, Step, Cross Rock Recover, Step, Rock Recover Step ½ Turn, Pivot ½ Turn

1,2& Cross Step/Rock L in front of R, Recover Back onto R, Step L to L (&)
3,4& Cross Step/Rock R in front of L, Recover Back onto L, Step R to R (&)
5,6& Step/Rock Fwd onto L, Recover weight Back onto R , Making ½ Turn L Step Fwd onto L (&) (12.00)
7,8 Step Fwd onto R, Pivot ½ Turn L finishing with weight Fwd on L (6.00)

Complete the following Tag at the end of Wall 2 and Wall 4 (counts 33-40 Mirrored leading with R foot)

Tag Cross Rock, Recover, Step, Cross Rock Recover, Step, Rock Recover Step ½ Turn, Pivot ½ Turn Touch.

1,2& Cross Step/Rock R in front of L, Recover Back onto L, Step R to R (&)
3,4& Cross Step/Rock L in front of R, Recover Back onto R, Step L to L (&)
5,6& Step/Rock Fwd onto R, Recover weight Back onto L , Making ½ Turn R Step Fwd onto R (&) (12.00)
7,8 Step Fwd onto L, Pivot ½ Turn L, Touching R beside L,

Pause At the end of Wall 5 Pause for 4 counts before starting wall 6

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