

Name On It

拍数: 32 墙数: 4 级数: Beginner
编舞者: EWS Winson (MY) - May 2018
音乐: Name On It - Chris Janson



Intro: 16 counts in (approx. 9 sec)

#1 (1-8) R-L Forward Walk, R Anchor Step, Full Turn (L) with L Sweep, L Sailor Cross

1-2 Weight on LF: Step RF forward (1), step LF forward (2) 12.00
3&4 Lock RF behind LF (3), step LF in place (&), step RF back (4) 12.00
5-6 Turn ½ L stepping LF forward (5), turn ½ L stepping RF back sweeping LF from front to back (6) 12.00
7&8 Cross LF behind RF (7), step RF to R side (&), cross LF over RF (8) 12.00

#2 (9-16) R Side Rock & Recover, R Sailor Cross, L Side Rock & Recover, L Sailor Cross

1-2 Rock RF to R side (1), recover weight on LF (2) 12.00
3&4 Cross RF behind LF (3), step LF to L side (&), cross RF over LF (4) 12.00
5-6 Rock LF to L side (5), recover weight on RF (6) 12.00
7&8 Cross LF behind RF (7), step RF to R side (&), cross LF over RF (8) *** 12.00

Restart here on Wall 3, facing 6.00 o'clock.

#3 (17-24) R Side, L Behind Touch, ¼ (L) with L Forward, R Forward Shuffle, ½ (R) with L Back, ¼ (R) with R Side, L Cross Shuffle

&1-2 Step RF to R side (&), touch L toes behind RF (1), turn ¼ L stepping LF forward (2) 9.00
3&4 Step RF forward (3), step LF next to RF (&), step RF forward (4) 9.00
5-6 Turn ½ R stepping LF back (5), turn ¼ R stepping RF to R side (6) 6.00
7&8 Cross LF over RF (7), step RF to R side (&), cross LF over RF (8) 6.00

#4 (25-32) R-L Syncopated Sailor Steps, R Side Kick Ball Lock with R Knee Popped, R-L Run ¾ (R) Arc

1-2& Step RF to R side (1), cross LF behind RF (2), step RF to R side (&) 6.00
3-4& Step LF to L side (3), cross RF behind LF (4), step LF to L side (&) 6.00
5&6 Kick RF to R side (5), step RF in place (&), lock LF behind RF and pop R knee forward (6) 6.00
7&8& RF begins: Use both feet to run an arc of about ¾ R with knees slightly bent and end weight on LF 3.00

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