

拍数: 64 墙数: 2 级数: Intermediate

编舞者: Michael Lynn (UK) - May 2018 音乐: Roundtable Rival - Lindsey Stirling



(32 count intro, 128 bpm)

Music Available on iTunes, Amazon Music, 7Digital, Spotify & my MEMBERS Zone.

S1: SIDE ROCK RECOVER, WEAVE, SIDE, CROSS BEHIND, 1/2 TWIST LEFT, 1/2 TWIST RIGHT

1-2 Rock left to left side, recover weight onto right,

3&4 Cross left behind right, step right to right side, cross left over right,

5-6 Step right to right side, cross left behind right, 7-8 Twist 1/2 turn left, twist 1/2 turn right (12:00).

S2: LEFT TOE POINT, 1/4 HITCH TURN LEFT, LEFT SHUFFLE, PIVOT 1/2 TURN, FULL TRIPLE TURN LEFT

1-2 Point left toe to left side, hitch left across the right as you 1/4 turn left,

3&4 Step forward left, close right beside left, step forward left,

5-6 Step forward right, pivot 1/2 turn left,

7&8 Step right backwards as you 1/2 turn left, step left forward as 1/2 turn left, step forward right.

ALT: Counts 7&8 can be replaced with a left shuffle.

S3: STEP, BACK HITCH, STEP-SWING HITCH, HEEL TOUCH, HITCH, RIGHT SHUFFLE

1-2& Step forward left, hitch right behind left, step right in place,

3-4& Swing left across right as you hitch, swing left back (not making contact with the floor), step

left in place,

5-6 Touch right heel forward, hitch left across right,

7&8 Step forward right, close left beside right, step forward right.

S4: STEP-PIVOT 1/4 TURN RIGHT, LEFT HEEL GRIND, BEHIND-SIDE-CROSS, ROCK & TOUCH

1-2 Step forward left, pivot 1/4 turn right,

3-4 Touch left heel to right diagonal, grind to left diagonal as you step right to right side,

5&6 Step left behind right, step right to right side, cross left over right,

7&8 Rock right to right side, recover left, touch right beside left.

RESTART: On walls 2&6 restart at count 32. Instead of touching the right beside left, step onto the right, leaving left free.

S5: SIDE ROCK & CROSS, UPPITY HEELS, SIDE ROCK & CROSS, UPPITY HEELS

1-2 Rock right to right side, recover left (as you turn your chest to the left diagonal),
3&4 Cross right over left, lift heels up, lower both heels (keeping weight on right),
5-6 Rock left to left side, recover right (as you turn your chest to the right diagonal),

7&8 Cross left over right, lift heels up, lower both heels (keeping weight left).

STYLING: On counts 1-2 & 5-6... as you side rock sweep that arm in an arc across your body paso doble style.

S6: 1/4 TURN-SIDE-CROSS-HOLD, 1/4 TURN-SIDE-CROSS-HOLD

1-2 Step right 1/4 left, step left to left side,

3-4 Cross right over left, Hold

5-6 Step left 1/4 right, step right 1/4 right,

7-8 Cross left over right, Hold.

STYLING: This section of 8 place your hands on your hips like an Irish dancer.

S7: TOE TOUCHES, SAILOR STEP, CROSS-UNWIND FULL TURN, SIDE ROCK RECOVER

7-8	Rock right to right side, recover left.
S8: CROSS-1/4 TURN RIGHT, SHUFFLE 1/2 TURN, ROCK RECOVER, UPPITY HEELS	
1-2	Cross right over left, step back left as you 1/4 turn right,
3&4	Step right 1/4 turn right, close left beside right, step right 1/4 turn right,
T 0	Deals forward left, receiver winds

Step right behind right, step left to left side, step right in place,

Touch right toe forward, touch right toe to right side,

Step left behind right, unwind full turn,

5-6 Rock forward left, recover right,

7&8 Step left beside right, lift heels up, lower both heels (keeping weight on right).

RESTART (WITH CHANGE OF STEP)

Walls 2&6 Restart at count 32. Instead of touching the right beside left, step onto the right, leaving left free.

ENDING (Brings you back to the front)

(Dance upto count 60 (shuffle 1/2 turn) and replace the last 4 counts with the following to bring you to the front)

5-6 Step forward left, pivot 1/2 turn right,

7&8 Step left beside right, lift heels up, lower both heels (keeping weight on right).

Last Update - 10th May 2018

1-2

3&4

5-6