

Ain't Always Roses

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Trine Haukø Lund (NOR) - April 2018
音乐: Hard Not to Love It - Steve Moakler



Intro: 24 counts

S1: Fwd R-L, rock, recover, step back, step backw L-R, coaster L

1&2& Step RF forward with heel toe, step LF forward with heel toe 12
3&4 Rock RF forward, recover on LF, step RF backwards 12
5&6& Step LF backwards with toe heel, step RF backwards with toe heel 12
7&8 Step LF backwards, step RF next to LF, step LF forward 12

Restart after count 3&4&* in wall 5 and 8

S2: Shuffle fwd R, step 1/2 turn R, monterey 1/2 R

1&2 Step RF forward, step LF next to RF, step RF forward 12
3&4 Step LF forward, turn 1/2 R and recover on RF, step LF forward 6
5&6& Touch RT to R, step RF next to LF and turn 1/4 R, touch LT to L, step LF next to RF 9
7&8& Touch RT to R, step RF next to LF and turn 1/4 R, touch LT to L, step LF next to RF 12

Restart here in wall 3

S3: Rhumba box, side, cross, side, coaster 1/4 R

1&2 Step RF to R, step LF next to RF, step RF forward 12
3&4 Step LF to L, step RF next to LF, step LF backwards 12
5&6 Step RF to R, step LF in front of RF, step RF to R 12
7&8 Cross LF behind RF, turn 1/4 R and step RF forward, step LF forward 3

S4: Rock, recover, step back, coaster L, step touch backw R-L-R-L

1&2 Rock RF forward, recover on LF, step RF backwards 3
3&4 Step LF backwards, step RF next to LF, step LF forward 3
5&6& Step RF backwards, touch LT next to RF, step LF backwards, touch RT next to LF* 3
7&8& Step RF backwards, touch LT next to RF, step LF backwards, touch RT next to LF* 3

* Hand-clap on the touches (optional)

Restarts There are 3 restarts

Restart in wall 3 after section 2, facing 6.

Restart in wall 5 and 8 in section 1 after count 3&4&*, facing 9 and 3

*Note to the second and third restart. Add an & count to end on LF.

Contact: trilund@online.no