

Rest Your Love On Me

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Tuti HD (INA) - May 2018
音乐: Rest Your Love On Me – Olivia Newton John & Andy Gibb



Count In: 8 cts from start of track

Notes: 1 tag (4cts) and 3 restarts (please refer to notes below)

S1: Fan ½ turn L, walk R-L, ½ chase turn L, L side rock, behind side cross

1-2-3 Step L fwd as you make ½ turn L on ball of L (1), walk R (2), walk L(3)
4&5 Step R fwd (4), pivot ½ turn L (&), Step R fwd (5)
6-7 Rock L to L side (6), recover on R (7)
8&1 Step L behind R (8), step R to R side (&), Cross L over R (1) (12:00)

S2: Recover, ¼ Turn L, Spiral full turn L, run run run, ¼ twinkle R, L cross shuffle

2&3 Recover on R (2), ¼ turn L stepping fwd on L (&), Step fwd on R and make a spiral full turn L, weight remains on R(3)
4&5 Run L, R, L (4&5)
6&7 Step R fwd (6), ¼ turn R stepping L to side (&), Step R in place (7)
8&1 Cross L over R (8), step R to R side (&), cross L over R (1) (12:00)

S3: Diamond Fallaway

2&3 Side step to R (2), make a 1/8 turn L step back on L (&), step back R (3)
4&5 Make a 1/8 turn L stepping L to side (4), make a 1/8 turn L stepping fwd on R (&), step L fwd (5)

Restarts: -

During 5th wall after 20& ct, square off to 6:00 to Restart

During 6th wall after 20& ct, square off to 12:00 to Restart

6&7 Make a 1/8 turn L stepping R to side (6), make a 1/8 turn L stepping back on L (&), step back on R (7)
8&1 Make a 1/8 turn L stepping L to side (8), make a 1/8 turn L stepping fwd on R (&), step fwd on L (01:30)

S4: Square off Monterey full turn R, Side Rock Cross, syncopated side mambo

2-3 1/8 turn L pointing R to R side (2), make full turn R as you step R next to L (3)
4&5 Rock L to side (4), recover on R (&), Cross L over R (5)
6&7 Rock R to side(6), recover on L (&), Step R next to L (7)
&8& Rock L to side (&), recover on R (8), step L next to R (&) (12:00)

Tag: During 2nd wall after 32& cts, add 4& cts, sway R-L-R-L, step R fwd (&)

Restart: During 4th wall after 32 cts, omit (&) cts and restart

S5: R back with L sweep, L back with R sweep, R back with L sweep, L back Rock, ½ turn R back L, run R-L, R back rock, full turn L

1-2-3 Step back R sweeping L (1), step back L sweeping R (2), step back R sweeping L (3),
4&5 Rock L back (4), recover on R (&), make a ½ turn R stepping L back (5)
6&7 Run back R – L (6&), rock R back (prep for a full turn L) (7),
8&1 Recover on L (8), ½ turn L stepping R back (&), ½ turn L stepping L fwd sweeping R (1) (06:00)

S6: R cross, L side rock, syncopated weave R, long step R, R nightclub basic, Long step L, R fwd step

2&3 Cross R over L (2), Rock L to side (&), recover on L (3)
&4&5 Cross L over R (&), R side step (4), Cross L behind R (&), long side step to R
6&7 step L slightly behind R (6), cross R over L (&), step L to L side (7)

8

Step R fwd (8) (06:00)

Ending: 7th wall, after 32& ct, rock back on R, recover with full turn L sweeping R to front.

ENJOY & HAPPY DANCING!

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