

10000 Reasons

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Shirley Tam (CAN) - May 2018
音乐: 10,000 Reasons (Bless the Lord) (Radio Version) (Live) - Matt Redman : (Album:
Sings Like Never Before - The Essential Collection)



Start on vocals the word 'LORD'

Cross Recover Side, Cross Recover Side, Back, Back, Coaster Step

1&2 Rock R across L, Recover back to L, Step R to Right
3&4 Rock L Across R, Recover back to R, Step L to Left
5, 6 Step R back, Step L back
7&8 Step R back, Step L beside Right, Step R forward

Half Rumba Box, Rock Recover Back, Sweep Left Behind, 1/4 Turn Right, Forward Shuffle

1&2 Step L side, Step R next to left, Step L forward
3&4 Rock R forward, recover back to L, step R big step back
5, 6 Sweep L behind R, 1/4 turn right step R forward (3:00)
7&8 Step L forward, Step R beside L, Step L forward

Forward Mambo, Back Mambo, Skate, Skate, Forward Shuffle

1&2 Rock R forward, Recover back to L, Step R beside L
3&4 Rock L back, Recover back to R, Step L beside R
5, 6 R skate forward, L skate forward
7&8 Step R forward, Step L beside R, Step R forward

Rock Forward Recover 1/2 Turn Left, Shuffle 1/2 Turn Left, Sweep Left Behind, Side, Coaster Step

1&2 Step L forward, Recover on R, 1/2 turn left (9:00)
3&4 Make 1/2 Shuffle turn left stepping R, L, R (3:00)
5, 6 Sweep L behind R, Step R to Right
7&8 Step L back. Step R beside left, Step L forward

Tag 1: 4 counts at end of Wall 2 (facing 6:00) & Wall 4 (facing 12:00)

1-4 Step R forward, Pivot 1/2 turn left, Step R forward, Pivot 1/2 turn left

Tag 2: 8 counts at end of Wall 6 (facing 6:00)

1-4 Step R forward, Pivot 1/2 turn left, Step R forward, Pivot 1/2 turn left
5-8 Rocking Chair (Rock R forward, Recover back to L, Rock R back, Recover back to L)

Start Again