

# Hela Ho

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Phrased High Beginner  
编舞者: Janet (Zhen Zhen) Ge (CN) - May 2018  
音乐: Hela Ho - Die Campbells



Sequence: AABB - T- AABB - AT - BBB

Intro: 32 counts

## Part A 32 counts

### [1-8] Vine R, Side, Point, 1/4 Turn L, 1/4 Turn L Hitch

1-4            Step R to side, cross L behind R, step R to side, cross L over R  
5-8            Step R to side, point L diagonal R, 1/4 turn L step L forward, brush R & 1/4 turn L hitch R  
(6:00)

### [9-16] Vine R, Side, Point, 1/4 Turn L, 1/4 Turn L Hitch

1-4            Step R to side, cross L behind R, step R to side, cross L over R  
5-8            Step R to side, point L diagonal R, 1/4 turn L step L forward, brush R & 1/4 turn L hitch R  
(12:00)

### [17-24] Rumba Box

1-4            Step R to side, step L together, forward shuffle R-L-R  
5-8            Step L to side, step R together, back shuffle L-R-L

### [25-32] Rock, 1/2 Turn Back Shuffle, Rock, Fwd Shuffle

1-4            Rock R back, recover on L, 1/2 turn L back shuffle R-L-R  
5-8            Rock L back, recover on R, forward shuffle L-R-L (6:00)

## Part B 32 Counts

### [1-8] Out, Out, In, In, Hip-Bump R, Hip-Bump L

1-4            Step R heel diagonal R, step L heel diagonal L, step R back, step L together  
5-8            Step R to side & hip bump R-L-R, hip bump L-R-L

### [9-16] Pivot 1/4 Turn L (X2), Jazz Box Step

1-4            Step R forward, 1/4 pivot L, step R forward, 1/4 pivot L,  
5-8            Cross R over L, step L back, step R to side, cross L over R (6:00)

### [17-24] Rock, Cross Shuffle, Rock, Cross Shuffle

1-4            Rock R to side, recover on L, cross shuffle R-L-R  
5-8            Rock L to side, recover on R, cross shuffle L-R-L

### [25-32] Rock, 1/2 Turn Fwd Shuffle, 1/2 Pivot R, Fwd Shuffle

1-4            Step R forward, recover on L, 1/2 turn R forward shuffle R-L-R  
5-8            Step L forward, 1/2 pivot R, forward shuffle L-R-L (6:00)

Start again

Tag: 4 Counts

### [1-4] Side, Touch, Side, Touch

1-4            Step R to side, touch L beside R, step L to side, touch R beside L

Have Fun!

Contact: 93806188@qq.com

Last Update - 1st June 2018

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