

# Heartbeat

COPPERKNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Virginia W. F. Tsui (CAN) - May 2018  
音乐: Uptown Funk by Haschak Sisters



Start after 32 count intro

## BACK ROCK, HEEL STEP CROSS, SIDE TOGETHER SIDE, HEEL GRIND ¼ TURN LEFT

1 2            Step back on right, recover onto left  
3& 4          Touch right heel forward, step back on right, cross left over right  
5& 6          Step right to side, step left next to right, step right to side  
7 8            Cross left heel over right, & make a ¼ turn left, (weight on right) (9.00)

## COASTER STEP, ¼ TURN LEFT, ROCKING CHAIR, ¼ TURN RIGHT

1 &2          Step left back, step right next to left, step left forward  
3 4            Step forward on right, and make a left ¼ turn on left  
5&6&        (With body diagonally to left) step right forward, recover onto left, step back on right, recover onto left  
7 8            Step forward on right, & make a ¼ turn right with left foot flick behind (9.00)

## ROCKING CHAIR, ¼ TURN LEFT, CROSS, BACK, FULL TURN RIGHT

1&2&        (With body diagonally to right) step left forward, recover onto right, step back on left, recover onto right  
3 4            Step forward on left, and make a ¼ turn left with right foot flick behind  
5 6            Cross right over left, step back on left  
7 8            Step right forward ½ turn right, stepping left back ½ turn right (6.00)

## BACK ROCK, LOCK, FWD, FWD, LOCK, SIDE, TOGETHER, ¼ TURN RIGHT, ½ TURN RIGHT, BACK SHUFFLE

1 & 2          Step back on right, recover onto left,  
&3&4         Lock right behind, step forward on left, step forward on right, lock left behind  
5 & 6          Step right to side, step left next to right, make a ¼ turn right stepping forward on right  
7 & 8          (Make a ½ turn right) step back on left, step right next to left, step back on left (3.00)

ENJOY!!!