

Twist Of Love (愛的扭扭) (zh)

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: High Beginner
编舞者: Nina Chen (TW) - 2018年05月
音乐: Twist of Love (사랑의 트위스트) - Sul Woon Do (설운도)



Intro: 32 counts

Intro dance: 40 counts (Reference to the demonstration & Optional)

Sec1: (R & L) HEEL STRUT, FLICK - TOGETHER. (x2)

1-4 Touch R heel fwd to R diagonal - Step RF beside LF - Touch L heel fwd to L diagonal - Step LF beside RF
5-8 Flick RF to R - Step RF beside LF - Flick LF to L - Step LF beside RF
1-4 右足跟右斜前點 - 右足回踏左足旁 - 左足跟左斜前點 - 左足回踏右足旁
5-8 右足向右外側輕彈 - 右足回踏左足旁 - 左足向左外側輕彈 - 左足回踏右足旁

Sec2: SWIVEL TO R - HOLD, SWIVEL TO L 1/4 TRUN R - HOLD

1-4 Swivel both heels to R - Swivel both toes to R - Swivel both heels to R - Hold (clap hands)
5-8 Swivel both heels to L - Swivel both toes to L - Swivel both heels 1/4 turn R (3:00) - Hold (clap hands)
1-4 旋轉雙足跟至右方 - 旋轉雙足尖至右方 - 旋轉雙足跟至右方 - 候 (拍手)
5-8 旋轉雙足跟至左方 - 旋轉雙足尖至左方 - 旋轉雙足向右轉 1/4 (3:00) - 候 (拍手)

Sec3: SIDE - CROSS TOUCH. (x2), SIDE - TOUCH BEHIND. (x2)

1-4 Step RF to R - Touch LF over RF - Step LF to L - Touch RF over LF
5-8 Step RF to R - Touch LF behind RF - Step LF to L - Touch RF behind LF
1-4 右足右踏 - 左足前跨點 - 左足左踏 - 右足前跨點
5-8 右足右踏 - 左足後跨點 - 左足左踏 - 右足後跨點

Sec4: SWIVEL TO R, SWIVEL TO L

1-4 Swivel both heels to R - Swivel both toes to R - Swivel both heels to R - Swivel both toes to R
5-8 Swivel both toes to L - Swivel both heels to L - Swivel both toes to L - Swivel both heels to L
1-4 旋轉雙足跟至右方 - 旋轉雙足尖至右方 - 旋轉雙足跟至右方 - 旋轉雙足尖至右方
5-8 旋轉雙足尖至左方 - 旋轉雙足跟至左方 - 旋轉雙足尖至左方 - 旋轉雙足跟至左方

Sec5: MONTEREY 1/4 TURN R, JAZZ BOX

1-4 Touch RF to R - On ball of LF 1/4 turn R (6:00) step RF beside LF - Touch LF to L - Step LF beside RF
5-8 Cross RF over LF - Step LF back - Step RF to R - Cross LF over RF
1-4 右足右側點 - 左足向右墊轉1/4 (6:00) 右足併踏左足旁 - 左足左側點 - 左足併踏右足旁
5-8 右足前跨 - 左足後踏 - 右足右踏 - 左足前跨

Sec6: SWIVEL TO R, SWIVEL TO L

1-4 Swivel both heels to R - Swivel both toes to R - Swivel both heels to R - Swivel both toes to R
5-8 Swivel both toes to L - Swivel both heels to L - Swivel both toes to L - Swivel both heels to L
1-4 旋轉雙足跟至右方 - 旋轉雙足尖至右方 - 旋轉雙足跟至右方 - 旋轉雙足尖至右方
5-8 旋轉雙足尖至左方 - 旋轉雙足跟至左方 - 旋轉雙足尖至左方 - 旋轉雙足跟至左方

Sec7: (R & L) TOE STRUT, FWD - PIVOT 1/2 L - FWD - HOLD

1-4 Touch R toe fwd - Step R heel down - Touch L toe fwd - Step L heel down
5-8 Step RF fwd - Pivot 1/2 turn L (12:00) weight on LF - Step RF fwd - Hold
1-4 右足尖前點 - 右足跟踏下 - 左足尖前點 - 左足跟踏下
5-8 右足前踏 - 向左踏轉1/2 (12:00) 重心回左足 - 右足前踏 - 候

Sec8: FWD - PIVOT 1/2 R - FWD - TOGETHER, TWIST

1-4 Step LF fwd - Pivot 1/2 turn R (6:00) weight on RF - Step LF fwd - Step RF beside LF
5-8 Twist (R L R L)
1-4 左足前踏 - 向右踏轉1/2 (6:00) 重心回右足 - 左足前踏 - 右足併踏左足旁
5-8 扭扭舞步 (右 左 右 左)

Restart: During wall 4 after 40 counts (12:00)

重跳: 第四牆跳完 40 拍後(12:00)

Have Fun & Happy Dancing !!!

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