

Young Blood

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Adrian Lefebour (AUS) & Jessica Lamb (AUS) - May 2018
音乐: Youngblood - 5 Seconds of Summer : (3.23)



Notes: 64 count intro from the start of the song (start with TAG)

[1-8] Walk Fwd x2, Cross & Heel, Together, Cross & Heel, Together, 1/4 Paddle Turn

1,2 Walk R Fwd, Walk L fwd
3&4& Step R across L, Step L slightly to the L, Place R heel to R 45, Step R next to L (weight on R)
5&6& Step L across R, Step R slightly to the R, Place L heel to L 45, Step L next to R (weight on L)
7,8 Step R fwd, 1/4 Paddle turn L (9.00)

[9-16] Cross Shuffle, 3/4 Turn, Step Fwd, 3/4 Walk Around

1&2 Step R across L, Step L to L side, Step R across L
3,4,5 1/4 Turn R step L back, 1/2 Turn R step R fwd, Step L fwd (6.00)
6,7,8 1/4 Turn R step R fwd, 1/4 Turn R step L fwd, 1/4 Turn R step R fwd (3.00)

[17-24] Shuffle Fwd, 1/2 Pivot, Shuffle Fwd, 1/4 Paddle

1&2 Shuffle fwd on L – Step L fwd, Step R next to L, Step L fwd
3,4 Step R fwd, 1/2 Pivot turn L (9.00)
5&6 Shuffle fwd on R – Step R fwd, Step L next to R, Step R fwd
7,8 Step L fwd, 1/4 Paddle turn R (weight even on both feet) (12.00)

[25-32] Twist Heels, Twist Toes, Sailor Step x2, Step Back, Replace

1,2 Twist both heels R, Twist both toes to straighten up (weight on R)
3&4 L Sailor Step – Step L behind R, Step R slightly to R, Step L to L side
5&6 R Sailor Step – Step R behind L, Step L slightly to L, Step R to R side
7,8 Step L back, Replace weight fwd on R

[33-40] 1/4 Turn Touch, 1/4 Turn Touch, Cross Samba, Kick Ball Step x2

1,2 Turn 1/4 turn R on ball on R and Touch L toe to L side, Repeat (6.00)
3&4 Cross L over R, Step R to R side, Recover weight on L (weight on L)
5&6 Kick R fwd, Step ball of R next to L, Step L fwd (moving slightly forward)
7&8 Kick R fwd, Step ball of R next to L, Step L fwd (moving slightly forward)

[41-48] 1/4 Paddle Turn, Cross Shuffle, 1/2 Turn, Elvis Knees x2

1,2 Step R fwd, 1/4 Paddle turn L (3.00)
3&4 Step R across L, Step L to L side, Step R across L
5,6 1/4 Turn R step L back (6.00), 1/4 Turn R step R to R side (9.00) (weight on R)
7,8 Step L down and pop R knee in, Step R down and pop L knee in (weight on R) (9.00)

[49-56] Cross Touch x2, Ball Cross, Click Fingers, Unwind, Lift Heels

1,2 Step L across R, Touch R toe to R side (moving slightly fwd)
3,4 Step R across L, Touch L toe to L side (moving slightly fwd)
&5,6 Step L slightly back next to R, Step R across L, Click fingers beside legs
7&8 Unwind 1/2 turn L (weight even here), Lift both heels off the ground and push knees fwd,
Drop both heels down (weight on R) (3.00)

[57-64] Step Across, Replace, 1/4 Shuffle, 1/2 Pivot Turn, Step Drag Together

1,2 Step L across R, Replace weight on R
3&4 1/4 Shuffle L – 1/4 turn L step L fwd, Step R next to L, Step L fwd (12.00)
5,6 Step R fwd, 1/2 Pivot turn L (weight on L) (6.00)

7,8 Step R fwd whilst dragging L towards R, Step L next to R (weight on L)

TAG (16 Counts)

[1-8] Shuffle Fwd, Together, Step Back, Drag, Step Back, Drag, Coaster Cross

1&2& Shuffle fwd on R – Step R fwd, Step L next to R, Step R fwd, Step L next to R (weight on L)
3,4,5,6 Step R back, Drag L back towards R, Step L back, Drag R back towards L
7&8 R Coaster Cross – Step R back, Step L next to R, Step R across L

[9-16] Side Shuffle, Step Back, Replace, Hitch Step x2

1&2 Shuffle to L – Step L to L side, Step R next to L, Step L to L side
3,4 Step R back, Replace weight fwd on L
5,6,7,8 Hitch R knee up, Step R fwd, Hitch L knee up, Step L fwd

TAG

- After intro music do the TAG to start, then start with the dance.
- End of wall 3 – do the tag twice
- End of wall 4 – do the tag once

FINISH – Wall 5 – Dance to count 7 to face the front wall, then step R fwd to finish dance.

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