

Sway Cha Cha

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Virginia W. F. Tsui (CAN) - April 2018
音乐: Man Chang Fei (滿場飛) - Han Bao Yi (韓寶儀)



#16 count intro

ROCK FWD, SHUFFLE BACK, ROCK BACK, SHUFFLE ½ TURN RIGHT.

1 2 Rock forward on right, recover onto left
3&4 Step back on right, step left next to right, step back on right
5 6 Rock back on left, recover on right
7&8 ¼ turn right and step left to side, step right next to left, ¼ turn right and step left back (6.00)

SWAY RIGHT & LEFT, CROSS SHUFFLE, SWAY LEFT & RIGHT, BEHIND, SIDE, CROSS

1 2 Step right to side & sway hips to right & left
3&4 Cross right over left, step left to side, cross right over left
5 6 Step left to side & sway hips to left & right
7&8 step left behind right, step right to side, cross left over right

SCISSOR STEP, SIDE, TOGETHER ¼ TURN RIGHT, SIDE MAMBO X2

1&2 Step right to side, close left behind right, Cross right over left
3&4 Step left to side, close right behind left with a ¼ turn right
5&6 Rock right to side, recover onto left, step right next to left
7&8 Rock left to side, recover onto right, step left next to right (9.00)

KICK BALL CHANGE, FORWARD SHUFFLE, PIVOT ½ TURN RIGHT, PRESS, HOLD

1&2 Kick right forward, step right beside left, step left down in place
3&4 Step forward on right, step left next to right, step forward on right
5 6 Step left forward, pivot ½ right turn (weight on right)
7 8 Press left forward with both arms open to side, hold (3.00)

START AGAIN & WITH FUN!!!

Contact: hongkeiclub1997@gmail.com
