

My Only Regret

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Gail A. Dawson (USA) - April 2018
音乐: Hands On You - Ashley Monroe



Start on the word "You"

** both Restarts start on "You" also

WALK, WALK, ANCHOR STEP, HINGE, HINGE, BEHIND, SIDE, CROSS

1, 2 R step forward, L step forward
3 & 4 R step behind L, L step in place, R step beside L
5, 6 L step back turning $\frac{1}{4}$ (9 o'clock), R step turning $\frac{1}{2}$ (3 o'clock)
7 & 8 L step behind R, R step beside L, L cross over R

ROCK, RECOVER, TRIPLE BACK, POINT, HITCH, CROSS, BACK, BACK

1, 2 R rock forward, recover L (R low kick on recover)
3 & 4 R step back, L step beside R, R step back
5, 6 Point L to L with hip raise, hitch L
7 & 8 Cross L over R, R step back, L step beside R

** Tag on Wall 4

STEP, STEP, BRUSH, BRUSH, PRISSY WALK, CROSS, SIDE, TOGETHER

1, 2 R step, L step beside R
** Tag on Wall 9
3, 4 R brush back, R forward
5, 6 Step R forward slightly crossing over L, step L forward slightly crossing over R
7 & 8 Cross R over L, step L to L, step R beside L

CROSS, STEP, ROCK, RECOVER, STEP, CROSS, UNWIND

&1, 2 Cross L over R, step R to R, cross L behind R turning $\frac{1}{4}$ to L (12 o'clock)
3, 4 Recover R, Step L beside R
5,6,7,8 Cross R over L, slow unwind $\frac{1}{2}$ for 3 counts (3 o'clock)

TAG: Cross R over L, slow unwind $\frac{3}{4}$ for 3 counts

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