

EZ Life On The Sloop John B

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Val Saari (CAN) - April 2018
音乐: Sloop John B - The Beach Boys : (iTunes)



SIDE STEP L, LF STEP FWD, ROCKING CHAIR

1-2 Step LF left, Step RF together
3-4 Step LF forward, hold
5-6 RF Rock forward, Recover LF
7-8 RF Rock back, Recover LF

SIDE TOGETHER RIGHT, HITCH, SIDE TOGETHER LEFT, HITCH PIVOT 1/4 L

1-2 Step RF right, Step LF together
3-4 Step RF right, LF hitch left knee
5-8 Step LF left, Step RF together
7-8 Step LF left, RF hitch right knee pivot 1/4 L

WALK FORWARD (R,L,R) POINT L, WALK BACK (L,R,L) POINT R

1-2 Walk forward, RF, LF
3-4 Walk forward RF, Point LF side left
5-6 Step back, L, R
7-8 Step back L, Point RF side right

RF TOE-STRUT MODIFIED JAZZ BOX, RF MAMBO BACK

1-2 Cross RF over L, Touch RF toe - drop R heel
3-4 Step LF left on toes, LF heel down
5-6 Rock RF back, Recover LF
7-8 Step RF together, hold

REPEAT

No Tags, No Restarts

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