

Sing, Sing, Sing

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sonja Hemmes (USA) - April 2018
音乐: Sing Sing Sing / It Don't Mean a Thing - Swing City : (Album: Well Swung)



Start on Lyrics

CHARLESTON, JAZZ BOX

1-2 Touch right forward, step right next to left
3-4 Touch left back, step left next to right
5-6 Step right forward in front of left, step left back
7-8 Step right to right side, step left next to right

HEEL SWIVELS, RIGHT & LEFT, RUMBA BOX BACK

1&2 Swivel heels right, swivel toes right, swivel heels right
3&4 Swivel heels left, swivel toes left, swivel heels left
5&6 Step right to right side, step left next to right, step right back
7&8 Step left to left side, step right next to left, step left forward

ROCK RIGHT FORWARD, ROCK LEFT FORWARD, TWO 1/4 PIVOTS LEFT

1&2 Rock right forward in front of left, step on left, step right next to left
3&4 Rock left forward in front of right, step on right, step left next to right
5-6 Step right forward, turn ¼ left of balls of feet
7-8 Step right forward, turn ¼ left of balls of feet

LOCK FORWARD, STEP DRAG, TOUCH

1&2 Step forward on right, step left behind right, step right forward
3&4 Step left forward, step right behind left, step left forward
5&6 Step right forward diagonally, drag left next to right, touch
7&8 Step left forward diagonally, drag right forward next to left, touch

NOTE: In the 4th rotation after 8 counts there is just a drum beat which lasts for 16 counts, keep on dancing counts 9-24 to the beat of the drums

TAG: At the end of the 4th rotation, there is a 3 count tag, unwind 1/2 left

1-3 Step right forward in front of left, unwind ½ to the left, staying on left