

# I Know I'm Not Alone

**COPPER KNOB**  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Val Saari (CAN) - April 2018  
音乐: Alone - Alan Walker : (iTunes)



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## **CROSS ROCK/SIDE SHUFFLE R, CROSS ROCK/SIDE SHUFFLE 1/4 L**

1,2,3&4                      Cross RF over LF, Recover LF, Shuffle RLR  
5,6,7&8                      Cross LF over RF, Recover RF, Shuffle LRL 1/4 L

## **CROSS ROCK/SIDE SHUFFLE R, CROSS ROCK/SIDE SHUFFLE 1/4 L**

1,2,3&4                      Cross RF over LF, Recover LF, Shuffle RLR  
5,6,7&8                      Cross LF over RF, Recover RF, Shuffle LRL 1/4 L

## **SHUFFLE FORWARD X 2, BACKWARDS STEP TOUCHES X 2,**

1&2                          Shuffle forward RLR (optional Step-Lock-Step)  
3&4                          Shuffle forward LRL (optional Step-Lock-Step)  
5-6                          RF Step back, LF Touch beside R  
7-8                          LF Step back, RF touch beside L

## **SIDE TOE-STRUTS R,L, LINDY RIGHT PIVOT 1/4 L**

1-2                          Touch RF toes to right side, Step RF heel down  
3-4                          Touch LF toes beside RF, Step LF heel down  
5&6                          Shuffle right, RLR  
7-8                          Rock back on LF pivot 1/4 L, Recover on RF

## **LF ROCK FWD, RF RECOVER, LF MAMBO BACK, RF ROCK FWD, LF RECOVER, RF MAMBO BACK**

1-2                          Rock LF forward, Recover RF  
3&4                          Rock LF back, Recover RF, Step LF beside R  
5-6                          Rock RF forward, Recover LF  
7&8                          Rock RF back, Recover LF, Step RF beside L

## **POINT-CROSSES FORWARD, L,R,L, KICK-BALL CHANGE**

1-2                          Point LF side left, Cross LF over R  
3-4                          Point RF side right, Cross RF over L  
5-6                          Point LF side left, Cross LF over R  
7&8                          Kick RF forward, Step RF together, Step LF together, hold

**Repeat, No Tags, No Restarts**

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**Last Update: 15 May 2023**

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