

# Enkle Gleder

拍数: 32      墙数: 4      级数: Improver  
编舞者: Dag Alexander Wien (NOR) - April 2018  
音乐: Enkle Gleder - Odd Nordstoga & Admiral P : (CD: Enkle gleder - single)



## #32 count intro

### Step x2, mambo cross, mambo cross, step, cross

1-2            Step RF fwd, step LF fwd  
3-a4          Rock RF to right side (3), recover on LF (a), cross RF in front of LF (4)  
5-a6          Rock LF to left side, recover on RF, cross LF in front of RF  
7-8          Step RF fwd, cross LF in front of RF

### Tap x3 to right, Step together, tap x3 to left, Step together

1-2            Tap RF to right side, tap RF a bit further out to right side  
3-4            Tap RF a bit further out to right side, Step RF beside LF.  
5-6            Tap LF to left side, tap LF a bit further out to left side  
7-8            Tap LF a bit further out to left side, Step LF beside RF.

### Syncopated mambo steps (Mambo right, mambo left, mambo right, mambo left)

1-a2          Rock RF to right side (1), recover on LF (a), step together with RF (2)  
3-a4          Rock LF to left side, recover on RF, step together with LF  
5-a6          Rock RF to right side, recover on LF, step together with RF  
7-a8          Rock LF to left side, recover on RF, step together with LF

### 'V'-step, 1/4 turn 'V'-step

1-2            Step RF fwd to right diagonal, step LF fwd to left diagonal  
3-4            Step RF back in left diagonal, step LF together  
5-6            Step RF fwd to right diagonal, step LF fwd to left diagonal  
7-8            Turn 1/4 right and step RF to right side, step LF together (03:00)

### Tag: (after wall 1, 2, 3 & 5)

#### T: (Side, together, side, touch) x2

1-2            Step right with RF, step together with LF  
3-4            Step right with RF, touch LF beside RF  
5-6            Step left with LF, step together with RF  
7-8            Step left with LF, touch RF beside LF

#### T: Step x2, syncopated shuffle, step x2, syncopated shuffle

1-2            Turn 1/8 right and step fwd on RF, turn 1/8 right and step fwd on LF (06:00)  
3-a4          Turn 1/8 right and step fwd on RF, step LF together, turn 1/8 right and step fwd on RF (09:00)  
5-6            Turn 1/8 right and step fwd on LF, turn 1/8 right and step fwd on RF (12:00)  
7-a8          Turn 1/8 right and step fwd on LF, step RF together, turn 1/8 right and step fwd on LF (03:00)

Contact: [dagalexander@me.com](mailto:dagalexander@me.com)