

# When the Dam Breaks

COPPERKNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: High Intermediate waltz  
编舞者: Donna Manning (USA) - April 2018  
音乐: Cry Pretty - Carrie Underwood



## #12 count intro

### S1. Full Turn Monterey W/ Ronde

- 1-2-3                      Step R fwd, point L to L side (both arms out to sides with R side of upper body slightly back – torque)  
4, 5-6                      Starting from the head...bringing arms in to chest -turn  $\frac{3}{4}$  L bringing L underneath center transferring weight to L but staying on the front of the foot (3:00), continuing another  $\frac{1}{4}$  turn L on the ball of the L allow the R to sweep back to across the front of you (12:00)

### S2. Cross, $\frac{1}{4}$ Turn, Step Back, Settle

- 1,2,3                      Cross R over L, on the ball of the R  $\frac{1}{4}$  turn R step back on L, step R back (3:00)

**These next 3 counts will leave room for your feeling of the music**

- 4, 5-6                      Step L back(3:00) for 5-6 options I danced....

**\*Settle back into L hip and pause – use your L arm to continue flow of movement**

**\*If you allow your body to turn back to the front you can lunge on the L coming back up on 6 making sure you go back to 3:00**

**RESTART HERE: Start wall 4 facing 9:00 after count 12 you'll be facing 12:00 perfect position to start over**

### S3. Step, Attitude (lift), Collect, $\frac{1}{2}$ Turn, Change Weight

- 1-2-3                      Step R fwd, lift L extended leg (toes extended heel to inside line) – lower L to center (3:00)  
4,5,6                      Continuing the leg movement-take weight to ball of L slightly behind the body. Use the whole count to take weight and make a  $\frac{1}{2}$  turn over the L shoulder (9:00), Close R to L and take weight, step step L slightly back

### Sec. 4: Step, Ronde, Sailor Step

- 1, 2- 3                      Step R back, sweeping L front to back for 2 counts  
4, 5, 6                      step L behind R, R to R side, replace weight to L opening up R hip (9:00)

### Sec.5: Behind, $\frac{1}{4}$ Turn, Step, Spiral, Step, Touch

- 1, 2, 3                      R behind L,  $\frac{1}{4}$  turn L stepping L fwd, step R fwd  
4-5, 6                      full turn L spiral – letting L wrap close to R ankle (or float close to the floor), step out L fwd, touch R next to L as you bend both knees allowing body to lower (6:00)

### S6. Step and Sway R, repeat L

- 1-2-3                      Sway to R as you step R to R side (use arms as you are comfortable) – collect L next to R DON'T change weight  
4-5-6                      Sway to L as you step L to L side (use your arms) – you can collect R next to L to prepare for next section

### S7. $\frac{1}{4}$ Turn R Balance, $\frac{1}{2}$ Turn R Balance

- 1-2,3                      Step R to R side but on the ball of the R allow  $\frac{1}{4}$  turn to R to happen DURING the count NOT turn then step, step down on L next to R (9:00), change weight to R  
4-5,6                      Step L back starting  $\frac{1}{2}$  turn R on the ball of L- DURING  $\frac{1}{2}$  turn – bring R to L changing weight to FINISH  $\frac{1}{2}$  turn (3:00), step L fwd

### S8. R fwd Balance, Step Back, $\frac{1}{2}$ Turn, $\frac{1}{2}$ Turn

- 1,2,3                      Step R fwd, close L to R, change weight to R

4-5,6

Step L back at slight angle back L diagonal facilitate about  $\frac{1}{4}$  turn R (6:00), continue turning R  $\frac{1}{4}$  stepping R slightly fwd (9:00), NOW using the WHOLE 6th beat – step L fwd and on the ball of the L make  $\frac{1}{2}$  turn R (9:00) let R leg trail behind you for styling

**R2 - Last Update - 16th June 2018**

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