

Hola

COPPERKNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Pat Newell (USA) - April 2018
音乐: Hello (feat. Fly Project) - Mandinga



#32 counts in - No Tags, No Restarts

Learning: triples, pivots, coaster, sailor step, monterey turns

TRIPLE FORWARD R,L,R, PIVOT ½ R, TRIPLE FORWARD L,R,L PIVOT ½ LEFT

1&2, 3-4 Triple forward R, L, R, step fwd on L, pivot ½ R 6:00

5&6, 7-8 Triple forward L, R, L, step fwd on R, pivot ½ L 12:00

ROCK REC, COASTER STEP, ROCK RECOVER, SAILOR STEP TO ¼ LEFT 9:00

1-2 3&4 Rock fwd on R, rec on L, step back R, together on L, step forward on R

5-6 7&8 Rock fwd on L, rec on R, step L back, turning to ¼ L, step on R, step fwd on L 9:00

ROCKING CHAIR 4 CTS, OUT, OUT, IN, IN

1-4 Rock fwd on R, rec on L, rock back on R, rec on L

5-8 Step R slightly out and to R, step L slightly out to the L, step R back, step L back

TWO ¼ MONTEREY TURNS RIGHT

1-4 R point to R side, turn ¼ R, step on R, point L to L, step down on L - 12:00

5-8 R point to R side, turn ¼ R, step on R, point L to L. step down on L - 3:00

Start Again

JUST DANCE FOR THE HEALTH OF IT.
