

Lady In Red

拍数: 48 墙数: 1 级数: Beginner
编舞者: Unknown - April 2018
音乐: The Lady In Red - Chris de Burgh : (Album: Into The Light)



Restart: On third repeat, Restart after count 24&

Notes: Dance starts on vocals (approx. 19 secs), Finish dance on count 28 facing front wall

Basic step pattern for this dance, referred to as Basic:

- 1 Side step L
- 2 Step back on R
- 3 Step back on L
- 4 Step fwd on R.

[1-8] Two Basics

- 1-4 Basic
- 5-8 Basic

[9-16] Sway L&R, Sway L&R, Basic

- 1 Sway L
- 2 Sway R
- 3 Sway L
- 4 Sway R
- 5-8 One Basic

[17-24] Sway L diagonal, Sway R diagonal, Basic, 1/2 Hitch Turn R

- 1 Sway L diagonal (11.00)
- 2 Sway R diagonal (5.00)
- 3 Sway L diagonal (11.00)
- 4 Sway R diagonal (5.00)
- 5-8 Basic
- & 1/2 hitch turn R (6.00)

Restart here on third repeat

[25-32] Step back L, Step back R, Step back L, Step fwd R, Basic

- 1 Step Back on L
- 2 Step Back on R
- 3 Step back on L
- 4 Step forward on R
- 5-8 Basic

[33-40] L turn, Step R, R Turn, Sway L & R, L Turn, Step R, R Turn, Sway L & R

- 1 Turn 1/4 L, stepping fwd on L (3.00)
- 2 Step fwd on R
- 3,4 Turning 1/4 R swaying L and R (6.00)
- 5-8 Repeat 1-4
- & Hitch turn R

[41-48] Step back L, Step back R, Step back L, Step fwd R, Basic

- 1 Step Back on L
- 2 Step Back on R
- 3 Step back on L

4 Step forward on R
5-8 Basic

REPEAT, SMILING

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