

Stop Me From Falling

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Heather Barton (SCO) & Hayley Wheatley (UK) - April 2018
音乐: Stop Me from Falling - Kylie Minogue : (Album: Golden)



Count In: 16 Counts

S1: HEEL, BALL TOUCH, DIAGONAL STEP, TOUCH, KICK BALL, TOUCH SIDE, TOUCH SIDE, BALL STEP

1&2& Tap R Heel fwd, Replace R foot, Touch L toe beside R foot, Replace LF 12:00
3-4 Step RF fwd to R Diagonal (1.30), Touch L toe beside R foot 12:00
5&6& Kick LF fwd, Replace LF beside RF, Touch R toe to R side, Replace RF beside LF 12:00
7&8 Touch L toe to L side, Replace LF beside RF, Step fwd onto RF 12:00

S2: CROSS, STEP ¼ TURN, CHASSE, CROSS ROCK, RECOVER, SIDE, TOUCH

1-2 Cross LF over RF, Step back onto RF making ¼ turn L 9:00
3&4 Step LF to L side, Close RF beside LF, Step Lf to L side 9:00
5-6 Cross Rock RF over LF, Recover onto LF 9:00
7-8 Large step RF to R side, Touch LF beside RF 9:00

Optional Arms: On Counts 7-8 push palms of hands out and raise arms upwards as Kylie sings "falling".

S3: CHASSE ¼ TURN, ROCK ¼ TURN AND CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS

1&2 Step LF to L side, Close RF beside LF, make ¼ turn L stepping fwd onto LF 6:00
3&4 Make ¼ turn L rocking RF to R side, Recover onto LF, Cross RF over LF 3:00
5-6 Rock LF to L side, Recover onto RF 3:00
7&8 Step LF behind RF, Step RF to R side, Cross LF over RF 3:00

S4: MONTEREY ½ TURN WITH ROCK AND CROSS, SIDE ROCK, RECOVER, BACK ROCK, RECOVER

1-2 Touch R toe to R side, Close RF beside LF making ½ turn R 9:00
3&4 Rock LF to L side, Recover onto RF, Cross LF over RF 9:00
5-6 Rock RF to R side, Recover onto LF 9:00
7-8 Rock back onto RF, Recover onto LF 9:00

Begin Again!!

Optional ending: On wall 10 replace counts 31-32 with a Sailor 1/2 turn Right to finish facing the front wall.

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