

New Rules LDLS

拍数: 48 墙数: 0 级数:
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音乐: New Rules - Dua Lipa



Start after INTRO - 8x2

Tag – 4 counts Freestyle

Seq: AAA Tag BB AA A16, Tag, BB, AA, Tag, BB A

SECTION A: 32 counts

AI.

- 1-2. RF touch forward / repeat
- 3-4. RF touch to the right / repeat
- 5-6. RF touch backward / repeat
- 7&8 kick forward RF / RF back to place side of LF / LF open point to the left

AII.

- 1-2. LF touch forward / repeat
- 3-4. LF touch to the left / repeat
- 5-6. LF touch backward / repeat
- 7&8. Kick forward LF / LF back to place side of RF / RF open point to the right

AIII.

- 1-2. RF cross over to LF / LF open to the left
- 3-4. LF cross over to RF / RF open to the right
- 5-6. Cross over RF / step LF backward
- 7-8. Step RF to R side (1/4 turn to the R or face to 3 o'clock) / LF step to forward

AIV.

- 1-2. Bump hip to the R (RF diagonally forward touch) / RF step in place
- 3-4. Bump hip to the L (LF diagonally forward touch) / LF step in place
- 5-6. RF step forward / turn 1/2 left (face to 9 o'clock)
- 7-8. RF step forward / LF step forward

SECTION B: 16 counts

BI.

- 1-2 RF brush / RF open side to R
- 3-4 LF brush / LF open side to L
- 5-6 shake upper body from R to L
- 7-8 shake upper body from R to L

BII.

- 1-2 Roll hip back from L to R / turn 1/4 to the left
- 3-4 roll hip back from L to R / turn 1/4 to the left
- 5&6. Step RF to R / LF step in place / RF close together
- 7&8. Step LF to L / RF step in place / LF close together

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