

Sad Story

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate / Advanced
编舞者: Christiane FAVILLIER (FR) - March 2018
音乐: Sad Story (Out Of Luck) - Merk & Kremont & Ady Suleiman : (Single)



#16 Counts musical intro

[1 to 8]-STEP KICK BALL, WALK R, L - STEP ANCHOR - FULL TURN L -

- 1 & 2 Kicking forward R, resting RF plant near LF, advancing LF
3 4 RF run, LF run
5 & 6 Lay RF plant behind LF by lifting the heel L in front (5), put the heel L, lift the heel R (&), lay heel RF, lift heel L
7 8 Rotate 1/2 turn to L by putting LF in front and again 1/2 turn to L by posing behind

[9 to 16] -L SAILOR STEP IN PLACE - R SAILOR STEP ¼ TURN R - L & KICK L PRESS - L COASTER STEP -

- 1 & 2 Cross LF behind RF, ask RF to R, place LF on the left
3 & 4 Cross RF behind LF while rotating 1/4 turn at R (3H), place LF at L, place RF at R
5 6 Put LF plant in front by pressing knee bent (5) back on RF and kick LF (6)
7 & 8 Reverse LF, bring RF back to the LF, advance LF (modified coaster step **)

***1st RESTART HERE after the 16 beats of the 2nd wall you start at 06H and you take the next wall at 06H after transforming the L step coaster on the spot by ** 1 coaster LF step with ¼ turn to Left.**

[17 to 24] -1/4 PIVOT TURN X2 - SYNCOPATED BACK ROCK X2 - L FWD - WEIGHT IN PLACE PIVOT ¼ TURN R & RETURN ON L -

- 1 2 Rotate 1/4 turn to R (6H) by setting RF in front of (1), rotate another ¼ turn to R (9H) by setting F left (2) (weight to LF)
3 & 4 Put RF behind (3), return to LF (&), place RF on the right (4)
5 & 6 Put LF behind (5), return to RF (&), advance LF in front (6)
7 8 Rotate your body in place ¼ turn at R (12H) and return ¼ turn to L (9H)

[25 to 32] - KICK BALL POINT R WITH ¼ TURN R & POINT SIDE L - CLOSED & R POINT SIDE & HOLD - TRIPLE STEP FWD - HALF STEP TURN R & L FORWARD

- 1 & 2 Kick forward R (1), bring back RF near LF and rotate 1/4 turn at R (12H) (&), point F left (at 12H) (2)
& 3 4 Bring LF near the RF (&), point RF to the right (3), HOLD (4)
5 & 6 Forward RF back LF behind RF, move forward RF
7 & 8 Move LF (7), ½ turn right (6H) (&), advance LF (8)

TAG: HERE after the 32 beats of 6 ° Wall you will be at 6H make the 32 beats of the TAG below:

TAG N ° 2:

[1 to 32] - DRAG R, BACK ROCK L - DRAG L, BACK ROCK R - WALKS X4 - ROCKING CHAIR (TWICE) -

- 1234 Big step from RF to R (12) - ask LF behind with weight and come back (34)
5678 Large step from LF to L (56) - Ask RF behind with weight and return (78)

1234 Walk RF, LF, RF together with LF at the RF turn by doing ½ turn to R (6H)
5678 Lay RF in front (with weight) and come back, place RF behind (with weight) and come back
Session to do twice - (once at -6H / 12H and once at 12H / 6) - back on 6H end of the tag.

[33 to 40] -WIZARDS - FULL TURN R - CLOSED & LF FWD WITH ¼ TURN R

- 12 & Forward RF, block LF behind RF, advance RF (diagonal)
34 & Forward LF, block RF behind LF, advance LF (diagonal)

- 5 6 Rotate 1/2 turn to R by setting RF in front of (5) (12H), rotate ½ turn to R again by putting LF behind (6H) (6)
& 78 Move RF back to LF (&), advance LF (7), move forward RF (8)

[41 to 48] –CLOSED & 1/4 PIVOT L & SWAYS X2 - CROSS SHUFFLE - STEP SIDE & TOGETHER - STEP FWD & ¼ TURN R & LF FORWARD -

- &12 rotate 1/4 turn at G (3H) (&), swing shoulders to D (1), then to G (2)
3 & 4 Cross PD in front of PG, place PG on the left, cross PD in front of PG
56 Put PG on the left, assemble PD to PG (3H)
7 & 8 Move PG (7), rotate 1/4 turn to D (6H) (&), cross PG in front of PD (8)

TAG N ° 1 - end of the 5th wall - 4 HOLDS times at 12 o'clock

FINAL of the dance replace the step L coaster on the spot by a step L coaster but with ¼ of turn to the left so as to find you on the starting wall (12H)

CONDUCT OF SESSIONS:

~1st WALL: make 48 beats of 12H / 06H

~2 ° WALL: make 16 beats of 06H / 06H (after modifying the step coaster)

RESTART

~3 ° WALL: make 48 beats of 06H / 12H

~4 ° WALL: Make 48 beats of 12H / 06H

~5 ° WALL: do 48 times from 06H / 12H00 -

TAG N ° 1: BREAK of 4 times -12H00

~6 ° WALL: do 32 Time of 12H / 06H -

TAG N ° 2 of 32 beats (6H / 06H) - new session of pas-

~7 ° WALL: make 48 beats of 12H / 06H

~8 ° MUR and last make 16 beats (6H / 12H) after changing the coaster step by ¼ turn L facing 12 o'clock (ENDING)

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All my choreographies are on my site <http://christianefavillie.wixsite.com/angie>
