

Rocket Dance

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Candee Seger (USA) - April 2018
音乐: Rocket - Dan Talevski : (Album: Rocket - Single)



Count In: 16 counts (approx. 9 seconds in)

Notes: No Tags, No Restarts

[1-8] Step L, Touch R, Step R, Touch L, V Step

1 2 Step L to L (1) (option-raise L arm above L side), Touch R next to L (2) (L arm down/snap)
3 4 Step R to R (3) (option-raise R arm above R side), Touch L next to R (4)(R arm down/snap)
5 6 Step L forward to L diagonal (5), Step R forward to R diagonal (6)
7 8 Step L back Home(7), Step R back Home (8)

[9-16] Step, Slide, Push Heel to L Diagonal, Hold, Sit Down/Up (2x)

1 2 Step LF Forward (1), Slide RF Forward to LF (2) (weight on RF)
3 4 Touch L Heel Forward (toes up) (3), Hold (4)
5 6 Sit down (bounce shoulders to music) (5), Stand up (bounce shoulders to music) (6)
7 8 Sit down (bounce shoulders to music) (7), Stand up (bounce shoulders to music) (8)

[17-24] Step L 1/4 R Hitch R Knee, Step, Push L Behind R, Step to L, Behind, Side, Kick RF Forward

1 2 Step L Forward(1), Turn 1/4 R Hitching R Knee (2)
3 4 Step on R (3), Place L Behind R (diagonal) while pointing arms to the Lower Right side (4)
5 6 Step L to L side (5), Step R Behind L (6)
7 8 Step L to L side (7), Kick RF Forward (8) 3:00

[25-32] Jazz Box w/Cross, Step R to R, Drag L, Bounce Heels 2X

1 2 Cross R over L (1), Step L back (2)
3 4 Step R next to L (3), Cross L over R (4)
5 6 Step R to R (5), Drag L next to R (6) (raise both feet up on toes)
7 8 Bounce both heels into ground (7), Bounce both heels into ground (8)
