

# Shades On

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Newcomer / Novice  
编舞者: Candee Seger (USA) - April 2018  
音乐: Shades On - The Vamps : (Album: Night and Day, Night Edition)



Count In: 16 counts in (approx. 8 seconds)

Notes: No Tags, No Restarts

## [1-8] Step R, Lean w/L Flick Back, Step, R Hitch, Triple Forward, Rock, Recover

1 2            Step R (1), Lean forward on RF L leg Flick back w/ bent Knee (2)  
3 4            Step on L (3), Hitch R leg up high (exaggerated) in front (4)  
5&6          Step R forward (5), Step L forward (&), Step R forward (6)  
7 8            Rock L forward (7), Recover R (8)

## [9-16] Rock Back, Recover, Step Forward 1/2 R Turn, Rock Recover, Step Back w/2 claps - 6:00

1 2            Rock L back (1), Recover R (2)  
3 4            Step L Forward (3), Pivot 1/2 R (4)  
5 6            Rock L Forward (5), Recover R (6)  
7&8          Step L Back (7), Touch R next to L, clapping hands (&8)

## [17-24] Vine Right, Touch, Step Forward, Touch, 1/4 R, Touch

1 2            Step R to R side (1), Step L behind R (2)  
3 4            Step R to R side (3), Touch L next to R (4)  
5 6            Step L Forward (5), Touch R to L Heel (6)  
7 8            Step R 1/4 R (7), Touch L next to R (8) 9:00

## [25-32] Side Triple L, Cross Rock, Recover, Step, Kick Ball Touch, Heel Tap Swivels w/Bump \*(Option-Hold)

1&2          Step L to L side (1), Step R next to L (&), Step L to L side (2)  
3 4            Cross R over L (3), Recover L (4)  
5             Step R next to L  
6&7          Kick LF Forward (6), Step on L (&), Touch R next to L (7)  
&8            Tap R Heel to R (&), Tap R Heel Home (8) -this will also cause your hip to Bump Out (&), In (8)

\* EASY Option is to HOLD for &8