

Take It From Me

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Lynn Card (USA) & Rob Holley (USA) - April 2018
音乐: Take It From Me - Jordan Davis : (CD: Home State - iTunes)



**** 2nd place UCWDC Intermediate/Advanced Division – 2019 Country Dance World Championships ****

Intro: 16 (start on vocals)

[1-8] KICK BALL PT, BEHIND SIDE CROSS, POINT R TOE OUT/IN/FWD/BACK, RT SIDE SHUFFLE

1&2 Kick R forward, step ball of R next to L, point L toe to L side
3&4 Step L behind R, step R to R side, step L across R
5&6& Point R toe to R side, touch R toe next to L, point R toe forward, touch R toe next to L
7&8 Step R to R side, step L next to R, step R to R side

[9-16] LEFT CROSS MAMBO, CROSSING SHUFFLE, ¾ TRIPLE TURN, STEP R SIDE, STEP L SIDE

1&2 Cross rock L over R, step R in place, step L next to R
3&4 Step R across L, step L next to R, step R across L
5&6 Turn ¼ R & step L back, turn ¼ R & step R to R side, turn ¼ R & step L forward (9:00)
7-8 Step R to R side, step L to L side (optional: sway hips in direction of each side step)

restart - wall 3

[17-24] SYNCOPATED TOE TOUCHES, COASTER, CROSS STEP, ¼ TURN STEP BK, COASTER

1&2 Touch R toe next to L, step R to R side, touch L toe next to R
3&4 Step L back, step R back, step L forward
5-6 Cross R over L, turn ¼ R & step L back (12:00)
7&8 Step R back, step L back, step R forward

[25-32] LEFT HIP BUMP, RIGHT HIP BUMP, SYNCOPATED ROCKING CHAIR, RIGHT CHASE TURN

1&2 Step L to L side & bump hips L, bump hips R, bump hips L (weight on L)
3&4 Step R to R side & bump hips R, bump hips L, bump hips R (weight on R)
5&6& Rock L forward, recover weight on R, rock L back, recover weight on R
7&8 Step L forward, turn ½ R (weight on R), step L forward (6:00)

restart after count 16 on wall 3 facing 9:00

**** While a 2 wall dance (12:00 & 6:00) you will end up on new walls (3:00 & 9:00) after the restart ****

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Last Update – 10th Jan. 2019