

Lonely Lady (P)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 0 级数: Improver Couples dance
编舞者: Gordon Elliott (AUS) - March 2018
音乐: Lonely Lady - Bouke : (Album: Sings Elvis & Other Hits)



Restated By Annie Muxoll & Jonna Hansen - April 2018

Introduction: On Vocals

Sweetheart position, same footwork

FORWARD, ROCK, SHUFFLE BACK, BACK, ROCK, SHUFFLE FORWARD

1, 2 Step R Forward, Rock Back Onto L,
3&4 Shuffle Back Step : R-L-R,
5, 6 Step L Back, Rock Onto R,
7&8 Shuffle Forward Step : L-R-L.

PADDLE TURN, SHUFFLE ACROSS, 1/4 BACK, 1/4 SIDE, ACROSS, HOLD

9,10 Paddle : Step R Forward, Turn 1/4 Left Take Weight Onto L.
Release left hand, raise right hand
11&12 Shuffle Right Across In Front Of Left Step : R-L-R.
Rejoin left hand behind

Tag in round 9 – then Restart

13,14 Turn 1/4 Right Step L Back, Turn 1/4 Right Step R To The Side,
Release left hand, raise right hand
15,16 Step L Across In Front Of Right, Hold.
Rejoin left hand back to Sweetheart position

1/4 MONTEREY TURN, 1/2 JAZZ BOX FORWARD

17, 18 Touch R Toe To The Side, Turn 1/4 Right Step R Together,
19, 20 Touch L Toe To The Side, Step L Together,
21, 22 Jazz Box : Step R Across In Front Of Left, Step Back.
Release left hand, raise right hand
23, 24 Turn 1/2 Right Step R To The Side, Step L Forward.
Rejoin left hand back to Sweetheart position

FORWARD, ROCK, COASTER STEP, WALK, WALK, SHUFFLE FORWARD,

25, 26 Step R Forward, Rock Back Onto L,
27&28 Coaster : Step R Back, Step L Together, Step R Forward,
29, 30 Walk, Walk,
31&32 Shuffle Forward Step : L-R-L.

TAG & RESTART ROUND 9

Dance up to count 12, then Tag & Restart

TAG 1/4 BACK, BACK ROCK, HOLD

13,14 Turn 1/4 Right Step L Back, Back
15,16 Rock, Hold

RESTART:

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