

I'm All Shook Up Mm Mm Mm Mm

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Val Saari (CAN) - April 2018
音乐: All Shook Up - Elvis Presley : (iTunes)



TOE-STRUTS X 2 (R,L), TRAVELLING SWIVELS RIGHT

- 1-2 Step RF in place on toes, Step down on heel
- 3-4 Step LF in place on toes, Step down on heel
- 5-6 Swivel both heels to right, both toes to right
- 7-8 Swivel both heels to right, Finger snaps

TOE-STRUTS X 2 (L,R), TRAVELLING SWIVELS LEFT

- 1-2 Step LF in place on toes, Step down on heel
- 3-4 Step RF in place on toes, Step down on heel
- 5-6 Swivel both heels to left, both toes to left
- 7-8 Swivel both heels to left, Finger snaps

TOE-STRUT GRIND WALK FORWARD 1/4 PIVOT L

- 1-2 Touch RF toes forward pointing right, (2:00) grinding toes into floor fanning toes forward and taking weight, Step down on heel
- 3-4 Touch LF toes forward pointing left, (10:00) grinding toes into floor fanning forward and taking weight, Step down on heel
- 5-6 Touch RF forward on toes 1/4 Pivot L, grinding toes into floor fanning forward and taking weight, Step down on heel
- 7-8 Touch LF toes forward pointing left, (10:00) grinding toes into floor fanning forward and taking weight, Step down on heel

MAMBO RIGHT, MAMBO LEFT

- 1-4 RF Rock side right, LF recover, RF close together beside L, Clap hands
- 5-8 LF Rock side left, RF recover, LF close together beside R, Clap hands

Repeat