

Alone In My Mind

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate Cha Cha
编舞者: Yann Gourvellec (FR) - March 2018
音乐: Alone (feat. Big Sean & Stefflon Don) - Halsey



Start after 16 counts

Section 1 : Side, Back rock, Chassee side, Cross rock, Side rock, Cross rock, ¼

1-2-3 Step Left to Left side, cross rock Right behind Left
4&5 Step Right to the Right side, Step Left next to Right, Step Right to the Right side
6&7& Cross rock Left across Right, recover on right, step Left to Left side, recover on Right
8&1 Cross rock Left across Right, recover on right, Make ¼ turn stepping fwd on Left

Section 2: Cross ¼ , ½, ¼ Chassee side, Back rock, ¼ Step Lock fwd

2-3 Make ¼ turn Left stepping Right over Left, Make ½ turn Left stepping forward on Left
4&5 Make ¼ turn Left stepping Right to the Right side, Step Left next to Right, Step Right to the Right side
6-7 Cross rock Left behind Right, recover on Right
8&1 Make ¼ turn Left stepping fwd on Left, lock Right behind Left, step forward on Left

Tag here on the wall 6

Section 3 : Cross, ¼, ½ Shuffle fwd, Cross rock, Behind side cross

2-3 Cross step Right over Left, make ¼ turn Right stepping back on Left
4&5 Make ½ turn Right stepping fwd on Right, Step Left next to Right, Step forward on Right
6-7 Cross rock Left across Right, recover on right
8&1 Cross step Left behind Right, step Right to Right side, Cross step Left over Right

Section 4 : Point, Touch, Point, Coaster cross, Mambo touch, Side, Together

2&3 Point Right to Right side, Touch Right next to Left, Point Right to Right side,
4&5 Step back on Right, step Left next to Right, Cross step Right over Left
6&7 Rock forward on Left, Touch Left next to Right
8& Step Left to the Left side, Step Right next to Left

Tag : Wall 6 after 16 counts

At the end of the Section 2 of the wall 6, change count 16, instead of doing a ¼ Step lock fwd, make a ¼ turn Touch Right next to Left, and repeat the tag twice

Section T1 : Side Shuffle, Back rock, ½ Shuffle fwd, Step turn

1&2 Step Left to the Left side, Step Right next to Left, Step Left to the Left side
3-4 Cross rock Right behind Left, recover on Left
5&6 Make ½ turn Right stepping fwd on Right, step Left next to Right, step forward on Right
7-8 Step forward on Left, Make ½ Right stepping fwd on Right

Section T2: Step touch, Step touch, Jazz box

1-2 Step fwd on Left, Touch Right next to Left
3-4 Step fwd on Right, Touch Left next to Right
5-6 Cross step Left over Right, step back on Right
7-8 Step left to Left side, step forward on Right

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