Life Moves On



拍数: 32 墙数: 4 级数: Low Intermediate

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音乐: Owe Them More Than That - Tim McGraw & Kenny Rogers



S1: STOMP, BACK, CHASSE, CROSS, BACK, CHASSE

- 1 Stomp right over left
- 2 Step back with left foot
- 3 Step right foot next
- & Step on left foot beside right foot
- 4 Step right foot next
- 5 Cross left foot over right foot
- 6 Step back with right foot,
- 7 Step with left foot next
- & Step right foot beside left foot
- 8 Step with left foot next

S2: HEEL, HEEL, SHUFFLE, HEEL, HEEL, SHUFFLE

- 1 Right heel forward
- 2 Right heel forward
- 3 Step forward with right foot
- & Cross left foot behind right foot
- 4 Step forward with right foot
- 5 Left heel forward
- 6 left heel forward
- 7 Step forward with left foot
- & Cross right foot behind left foot
- 8 Step forward with left foot

(In the 4th wall we will make the Tag)

(On the 8th wall we will start again)

S3: ROCK, ROCK, TRAVELLING PIVOT, COASTER STEP

- 1 Rock in front with right foot
- 2 Recover weight on left foot
- & Right foot next to the left
- 3 Rock in front with left foot
- 4 Recover weight in right foot
- 5 Turn ½ turn to the left taking a step forward with left foot.
- 6 Turn ½ turn to the left taking a step back with right foot.
- 7 Step behind with left foot.
- & Step right foot beside left foot
- 8 Step forward with left foot.

S4: ROCK, ROCK, CHASSE TURN, HEEL SWITCHES

- 1 Rock in front with right foot
- 2 Recover weight on left foot
- & Right foot next to the left
- 3 Rock in front with left foot
- 4 Recover weight in right foot
- 5 Step with left foot to the side turning ½ turn to the left.
- & Step right foot beside left foot
- 6 Step with left foot to the side.

7 - Mark right heel in front.

& - Take the right foot to the site.

8 - Mark left heel in front.

& - Take left foot to the site.

TAG: On the 4th wall, we will make the first 16 counts and add the following: CROSS, CROSS, BACK SLIDE

1 - Cross right foot in front of the left.
2 - Cross left foot in front of the right.
3 - Long step back with right foot

4 - Drag left foot to equal with left foot.

RESTART: On the wall number 8, we will make the first 16 counts and start again

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