

Sex Bomb

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Nina Chen (TW) - March 2018
音乐: Sex Bomb by Lou Bega



Intro: 16 counts

Sec1: WALK - WALK, FWD SHUFFLE, FWD ROCK - RECOVER , FWD SHUFFLE 3/4 L

1-2, 3&4 Walk on RF - Walk on LF, Fwd shuffle (R L R)
5-6, 7&8 Rock LF fwd - Recover on RF, Fwd shuffle (L R L) 3/4 turn L (3:00)

Sec2: FWD ROCK - RECOVER, CHA CHA. (x2)

1-2, 3&4 Rock RF fwd - Recover on LF, Step RF beside LF - Step LF in place - Step RF in place
5-6, 7&8 Rock LF fwd - Recover on RF, Step LF beside RF - Step RF in place - Step LF in place

Sec3: CROSS - SIDE, SAILORS , CROSS - SIDE, SAILORS 1/4 L

1-2, 3&4 Cross RF over LF - Step LF to L, Cross RF behind LF - Step LF to L - Step RF in place
5-6, 7&8 Cross LF over RF - Step RF to R, Cross LF behind RF - 1/4 turn L (12:00) Step RF to R -
Step LF fwd

Sec4: HIPS BUMP

1-2, 3&4 Step RF a bit diagonal fwd while bomp hips (R L), Bomp hips (R L R)
5-6, 7&8 1/4 turn L (9:00) step LF a bit diagonal fwd while bomp hips (L R), Bomp hips (L R L)

Restart: During wall 4, After 16 counts (6:00)

Have Fun & Happy Dancing !!!

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