

Me Gusta

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Novice
编舞者: Lena PETIT (FR) - February 2018
音乐: Safari – J Balvin, Pharrell Williams, BIA, Sky



Start after 16 counts

[1-9] Step fwd, Mambo cross x2, Rock step, ¼ turn L side, Weave sweep

1, 2&3 Step R forward (1), side L (2), recover (&), cross LF in front of RF (2)
4&5 Side R (4), recover (&), cross RF in front of LF (5)
6&7 Step L forward (6), recover (&), ¼ turn L step side L (7)
8&1 Cross RF in front of LF (8), side L (&), cross RF behind LF sweep LF front to back (1)

Final direction 9h

[10-16] Behind side cross sweep, cross shuffle, ¼ turn L step fwd, full turn

2&3 Cross LF behind RF (2), side R (&), cross LF in front of RF sweep RF bac to front (3)
4&5 Cross RF in front of LF (4), side L (&), cross RF in front of LF (5)
6, 7, 8 ¼ turn L step L forward (6), ½ turn L step R next to LF (7), ½ turn L step L forward (8)

Final direction 6h

[17- 24] Switch heels, syncopated heel grind, repeat

1&2& R heel forward (1), step R next to LF (&), L heel forward (2), step L next to RF (&)
3,4 Press R heel forward (3), step R next to LF (4)
5&6& L heel forward (5), step L next to RF (&), R heel forward (6), step R next to LF (&)
7,8 Press L heel forward (7), step L next to RF (8)

[24-32] Syncopated cross rock step, ¼ tour L triple step, fwd mambo, back mambo

1&2 Side R (1), recover (&), cross RF behind LF (2)
3&4 ¼ turn L step L forward (3), step R next to LF (&), step L forward (4)
5&6 Step R forward (5), recover (&), step R next to LF (6)
7&8 Step L backward (7), recover (&), step L next to RF (8)

Final direction 3h - End weight on LF

Don't forget to move your hips !

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