Little Breathe



拍数: 64 墙数: 4 级数: Phrased Beginner

编舞者: Angéline Fourmage (FR) - March 2018 音乐: Breathe (feat. Ina Wroldsen) - Jax Jones



Intro. 16 count start on lyrics Seq: AAABAAAABAAAB

Partie A: 32 count - Partie B: 32 count - No Tag No Restart

Partie A

[1-8] Toes Strut, Point, Touch, Step, Touch

Step right toe FW, drop right heel
Step left toe FW, drop left heel
Point RF to R side, touch RF next to LF

7-8 RF to the R side, Touch LF next to RF

[9-16] Toes Strut, Point, Touch, Step, Touch

Step right toe back, drop right heel
Step left toe back, drop left heel
Point LF to L side, touch LF next to RF

7-8 LF to the R side, Touch RF next to LF

[17-24] Bumpx6, Pivot 1/4 L

1&2 RF to the R side with Bump R, Bump L, Bump R

3&4 Bump L, Bump R, Bump L

5-6 RF FW, make 1/8 L

7-8 RF FW, make 1/8 L (weight is on LF)

[25-32] Walkx3, Touch, Walkx3, Touch

1-2 RF FW, LF FW

3-4 RF FW, touch LF next to RF

5-6 LF back, RF back

7-8 LF back, touch RF next to the LF

Partie B

[1-8] Step, Touch, Step, Touch, Step

1-2 RF to the R side with R arm-up, Touch LF next to RF3-4 LF to the L side with L arm-up, Touch RF next to LF

5-8 RF to R side with arm down, Arm down

[9-16] Step 1/4, Touch, Step, Touch, Step

1-2 Make ¼ with RF to the R side with R arm-up, Touch LF next to RF

3-4 LF to the L side with L arm-up, Touch RF next to LF

5-8 RF to the R side with arm down, Arm down

[17-24] Step 1/4, Touch, Step, Touch, Step

1-2 Make ¼ with RF to the R side with R arm-up, Touch LF next to RF

3-4 LF to the L side with L arm-up, Touch RF next to LF

5-8 RF to the R side with arm down, Arm down

[25-32] Step 1/4, Touch, Step, Touch, Step

1-2 Make ¼ with RF to the R side with R arm-up, Touch LF next to RF

3-4 LF to the L side with L arm-up, Touch RF next to LF

5-8 RF FW pivot ¼ L slowly with arm down *, Arm down

* For the end make 1/4 R with RF FW

NOTA:

- WATCH THE VIDEO FOR THE ARMS

- RF = Right foot ; LF = Left Foot ; FW = Forward

Smile and enjoy the dance

Contact: maellynedance@gmail.com

Last Update – 3rd April 2018