

# Feeling Good

拍数: 40      墙数: 4      级数: Improver  
编舞者: Sonja Hemmes (USA) - March 2018  
音乐: Feeling Good - Michael Bublé : (Album: It's Time)



Start 16 counts after lyrics – And I'm feeling good

## S1: STEP & ROCK BACK, RIGHT THEN LEFT, STEP DRAG, STEP TOGETHER TURNING 1/4 LEFT

1&2      Big step to right side, rock back on left, step on right  
3&4      Big step to left side, rock back on right, step on left  
5&6      Step right forward diagonally, drag left next to right, touch  
7&8      Step left to left side, step right next to left, step left to left side turning ¼ left

## S2: LOCK FORWARD, ROCK FORWARD, RIGHT SAILOR, LEFT SAILOR

1&2      Step right forward, step left behind right, step right forward  
3&4      Rock left forward, step on right, step left next to right  
5&6      Cross step right behind left, ball stepping left next to right, step right forward  
7&8      Cross step left behind right, ball stepping right next to left, step left forward

## S3: RIGHT MAMBO, LEFT MAMBO, RIGHT JAZZ BOX, LEFT JAZZ BOX

1&2      Step right to right side, step on left, step right next to left  
3&4      Step left to left side, step on right, step left next to right  
5&6      Step right forward in front of left, step left back, step right to right side  
7&8      Step left forward in front of right, step right back, step left to left side

## S4: STEP BACK DIAGONALLY, RUMBA BOX FORWARD

1&2      Step right back diagonally, step left next to right, step right back diagonally  
3&4      Step left back diagonally, step right next to left, step left back diagonally  
5&6      Step right to right side, step left next to right, step right forward  
7&8      Step left to left side, step right next to left, step left back

## S5: RIGHT COASTER BACK, STEP FORWARD, SWAY, STEP FORWARD, SWAY, UNWIND 1/2 Right

1&2      Step right back, step left back next to right, step right forward  
3&4      Step left forward diagonally and sway hips forward, back, forward  
5&6      Step right forward diagonally and sway hips forward, back, forward  
7&8      Step left forward in front of right, unwind ½ to the right keeping weight on left

**TAG: At the end of the 1st rotation, there is a 4 count Tag,**

1&2      sway right,  
3&4      sway left

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