

She's Rebel With Cause

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Beginner
编舞者: Ilona Tessmer-Willis (USA) - March 2018
音乐: She's Named a Loser - The Sixties : (Google Play • iTunes • AmazonMP3)



Int: 8 ct (start count with melody & dance on word "loser")

S1: STEP FORWARD R L R L (SLINKY WALKS)

1-4 R Step Forward Hold, L Step Forward Hold
5-8 R Step Forward Hold, L Step Forward Hold

S2: R FORWARD KICK TAP KICK TAP, R SIDE STEP L DRAG TAP

1-4 R Forward Kick R Tap R Kick R Tap
5-8 R Step to Right Side (large step), L Drag Next to R, L Tap (8)

S3: STEP FORWARD L R L R (SLINKY WALKS)

1-4 L Step Forward Hold, R Step Forward Hold
5-8 L Step Forward Hold, R Step Forward Hold

S4 : L FORWARD KICK TAP KICK TAP, L SIDE STEP R DRAG

1-4 L Forward Kick L Tap L Kick L Tap
5-8 L Step to Right Side (large step), R Drag Next to L, R Tap (8)

S5: R & L TOUCH OUT, 1/4 R TURN: R & L TOUCH OUT

1-4 R Touch Out to Right Side, L Touch Out to Left Side
5-8 1/4 R Turn: R Touch Out to Right Side, L Touch Out to Left Side

S6: R FORWARD ROCK, R BACK SHUFFLE, L BACK SHUFFLE, R BACK ROCK

1-2 R Rock Forward L Recover
3&4 R Step Back, L Close, R Step Back
5&6 L Step Back, R Close, L Step Back
7-8 R Rock Back, L Recover

S7: 3/4 L TURN: 4 R PADDLE STEP

1-2 R Forward, 1/4 L Turn on L Ball (weight on left)
3-4 R Forward, 1/8 L Turn on L Ball (weight on left)
5-6 R Forward, 1/4 L Turn on L Ball (weight on left)
7-8 R Forward, 1/8 L Turn on L Ball (weight on left)

S8: R STEP FORWARD HIP BUMP, L STEP FORWARD HIP BUMP, R ROCKING CHAIR

1-2 R Step Forward, R Hip Bump
3-4 L Step Forward, L Hip bump
5-6 R Forward Rock L Recover
7-8 R Back Rock L Recover

This song also is from the German TV Movie series "Ku'Damm 59" as was the music for my other new dance "Rock n Roll Fever".

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Last Update - 29th March 2018