

This Is It, This Is Now

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver / Intermediate
编舞者: Peter Davenport (ES) - March 2018
音乐: This Is It - Scotty McCreery



#32 Count Intro, Start on vocals, Approx. 22 seconds

S1: Behind Side Cross Side, Back Rock Replace, Point, Hold

1.2 Cross L behind R, Step R to R 12
3.4 Cross L over R, Step R to R 12
5.6 Rock L behind R, Recover on R 12
7.8 Point L out to L, HOLD 12

S2: Sailor ¼ L Brush, Step Brush, Step, Hold

1.2.3 Slow Sailor ¼ L, Sweep L behind R, Step R to R, Step forward L 9
4. Brush R foot through 9
5.6 Step forward R, Brush L 9
7.8 Step forward L, HOLD 9

S3: Rock Replace, Reverse Full Turn, Slow R Coaster Step, ¼ L

1.2 Rock forward on R, Recover on L 9
3.4 ½ R step forward on R, ½ R step back on L 9
5.6.7 Step R back, Bring L to R, Step R forward 9
8. ¼ Step L forward 9

S4: Side Behind Side Cross, Side Rock Cross, Hold

1.2 Step R to R, Cross L behind R 6
3.4 Step R to R, Cross L over R 6
5.6 Rock R out to R, Recover on L 6
7.8 Cross R over L, HOLD R/W/3 & C/O/S 6

S5: Side Rock Cross, Hold, ¼ ¼ Cross Hold

1.2 Rock L out to L, Recover on R 6
3.4 Cross L over R, HOLD 6
5.6 ¼ L step back on R, ¼ L step L to L 12
7.8 Cross R over L, HOLD 12

S6: Side Together Forward Hold, Side Close ¼ R Hold

1.2 Step L to L, Bring R to L 12
3.4 Step L forward, Hold 12
5.6 Step R to R, Bring L to R 12
7.8 ¼ R step forward on R, HOLD R/W/6 & C/O/S 3

S7: Step Pivot ¼ R, Extended Weave

1.2 Step forward on L, Pivot ¼ R 6
3.4 Cross L over R, Step R to R 6
5.6 Cross L behind R, Step R to R 6
7.8 Cross L over R, Step R to R 6

S8: Rock Back Step Hold, Rock Back Step Hold

1.2 Rock L behind R, Recover on R 6
3.4 Slide L to L, HOLD 6

5.6 Rock R behind L, Recover on L 6
7.8 Slide R to R, HOLD, (weight on R) 6

Tags: End Of Walls 1 & 4
Repeat S8 the last 8 counts

Restart Wall 3 & Change of step

Dance up to and including count 4 section 4, counts 5.6.7.8 become Side Close Side HOLD, R.L.R

Restart & Change of step Wall 6

Dance up to and including count 4 section 6, counts 5.6.7.8 become Side Close Side HOLD, R.L.R

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